

At Vitamin World we ensure the quality of all of our premium nutritional products, every step of the way. Strict quality analysis at world-class facilities guarantees that all Vitamin World® products are at the highest standard of potency and purity.



No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.



WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

TO REORDER PROD. #2892
www.vitaminworld.com
1-800-228-4533

Carefully Manufactured for Vitamin World, Inc.
Holbrook, NY 11741 U.S.A.
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B2890 09F



NUTRITION FROM THE SOURCE™

LECITHIN CONCENTRATE

1200 mg

420 mg Phosphatidylcholine
Supports Heart and Nervous System Health*

CARDIO HEALTH*

100 RAPID RELEASE SOFTGELS | DIETARY SUPPLEMENT

DIRECTIONS: For adults, take one (1) softgel two times daily, preferably with meals.

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	%Daily Value	
Calories	10	
Calories from Fat	10	
Total Fat	<1 g	<1%**
Soy Lecithin	1,200 mg	***
Phosphatidylcholine	420 mg	***

**Percent Daily Values are based on a 2,000 calorie diet.

***Daily Value not established.

Other Ingredients: Gelatin, Vegetable Glycerin.

Ingredients are hermetically sealed in gelatin capsules to ensure freshness and potency.

Lecithin is a natural source of choline and linoleic acid. Choline is a vital component of all cell membranes and plays an important role in nervous system function. *

Lecithin Concentrate also contains a soybean phosphatide complex, which contains 420 mg of phosphatidylcholine, equal to 57 mg of natural choline.