

H-E-B**Vitamin
B-12****1,000 mcg****VITAMIN SUPPLEMENT**

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving		% Daily Value
Vitamin B-12 (as Cyanocobalamin)	1,000 mcg	16,667%

OTHER INGREDIENTS: DICALCIUM PHOSPHATE, MANNITOL, CELLULOSE (PLANT ORIGIN), CROSCARMELLOSE, VEGETABLE STEARIC ACID, CONTAINS <2% OF: CELLULOSE COATING, SILICA, VEGETABLE MAGNESIUM STEARATE.

Gluten Free

SUGGESTED USE: FOR ADULTS, TAKE ONE (1) TABLET DAILY, PREFERABLY WITH A MEAL.

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

KEEP OUT OF REACH OF CHILDREN

Store at room temperature (59°-86° F).

**MADE WITH PRIDE AND CARE FOR H-E-B®,
SAN ANTONIO, TEXAS 78204
5943-1604**

Questions or comments?
1-800-432-3113

0 41220 97051 3

**SUPPORTS ENERGY METABOLISM***

The B vitamins play a role in energy metabolism in the body.*

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

150 TABLETS

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**ACTUAL
SIZE**

Prod No. 53883 B1380 01B

Freshness and potency
guaranteed through: