

Actual Size



Vitamin B-12

1,000 mcg

energy metabolism support*

DIETARY SUPPLEMENT

120 Coated Tablets

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

Vitamin B-12 is an essential vitamin that helps your body maintain a healthy energy metabolism.* Your body also uses Vitamin B-12 to support a healthy heart and healthy red blood cells.*

Supplement Facts

Serving Size 1 Tablet
Servings Per Container 120

Amount Per Tablet	%Daily Value
Vitamin B-12 1,000 mcg	16,667%

INGREDIENTS: DICALCIUM PHOSPHATE, MANNITOL, CELLULOSE (PLANT ORIGIN), CROSCARMELLOSE, VEGETABLE STEARIC ACID, SILICA, VEGETABLE MAGNESIUM STEARATE, CELLULOSE COATING, CYANOCOBALAMIN.

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Gluten Free

SUGGESTED USE: Take one (1) tablet daily with a full glass of water, preferably after a meal. **WARNING:** If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. **KEEP OUT OF REACH OF CHILDREN.** STORE AT ROOM TEMPERATURE, TIGHTLY CLOSED. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

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USE BY:

