

WOMEN'S COMPLETE MULTI + OMEGA 3s + VITAMIN K2

THE GOOD GUMMY

We hope our delicious SmartyPants gummy vitamins made in sunny California from the best ingredients get you on the road to feeling great. Here's something else that will make you feel great: with your purchase, SmartyPants will make a 1•for•1 matching nutrient grant to a child in need through our partnership with Vitamin Angels. Here's to your health,



Courtney & Gordon
Co-CEOs

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Distributed by SmartyPants, Inc., Marina del Rey, CA 90292 USA



Because you're not just a
single category or a function.
Because you're not just Sleep
or Beauty or Stress or Energy
or Bones. You're much more
than that. You're all in one.
And so are we.

SMARTY PANTS®

180
DELICIOUS GUMMIES
DIETARY SUPPLEMENT



GUMMY GOODNESS

Our delicious gummies include:

- MULTIVITAMIN
- ECO-FRIENDLY OMEGA 3 EPA & DHA
- VITAMIN K2/MK7
- CoQ10
- L-METHYLFOLATE
- VITAMIN D3

Excellent source of vitamins A, C, D, E, K, B6, B12, B5, niacin, biotin, and iodine.

No synthetic colors, flavors, or preservatives.

Gluten and casein-free.

Every batch third party lab tested.

Free of GMO's, yeast, wheat, milk, eggs, soy allergens, gluten, peanuts, tree nuts, fish allergens, shellfish, high fructose corn syrup, synthetic colors, artificial flavors, artificial preservatives and salicylates

Made in California in a GMP-certified facility with domestic and imported ingredients.

WARNING: Keep out of reach of children. Take only as directed. Do not exceed recommended dosage. If you have a medical condition, are on medication, or are pregnant or nursing, please consult your health care provider before use. Do not use if inner safety seal is broken.

Recommendations: Store in a cool dry area. Do not freeze. Natural colors will darken over time—this does not affect the potency of the product.

Directions: For adult women, take six (6) Gummies daily. May be taken with or without food.

Supplement Facts

Serving Size: 6 Gummies

Servings Per Container: 30

Amount Per 6 Gummy Serving	% Daily Value	
Calories	50	
Cholesterol	< 5 mg	< 1%
Total Carbohydrate	11 g	4%†
Sugars	7 g	**
Vitamin A (as retinyl palmitate)	1500 IU	30%
Vitamin C (as ascorbic acid)	60 mg	100%
Vitamin D (Vitamin D-3 as cholecalciferol)	1000 IU	250%
Vitamin E (as d-alpha-tocopherol from sunflower oil)	30 IU	100%
Vitamin K (Vitamin K-2 as menaquinone-7 from chickpeas)	32 mcg	40%
Thiamin (Vitamin B-1 as thiamine mononitrate)	0.08 mg	5%
Riboflavin	0.26 mg	15%
Niacin (Vitamin B-3 as niacinamide)	4 mg	20%
Vitamin B-6 (as pyridoxine HCl)	2 mg	100%
Folate (as L-methylfolate, calcium salt)	400 mcg	100%
Vitamin B-12 (as methylcobalamin)	100 mcg	1667%
Biotin	300 mcg	100%
Pantothenic acid (as calcium D-pantothenate)	10 mg	100%
Iodine (as potassium iodide)	150 mcg	100%
Zinc (as zinc citrate)	4.5 mg	30%
Sodium	25 mg	< 1%
Fish Oil (from anchovy and sardine)	510 mg	**
EPA (Eicosapentaenoic Acid)	83 mg	
DHA (Docosahexaenoic Acid)	67 mg	
Total Omega-3 Fatty Acids	183 mg	
CoQ10 (as Coenzyme Q10, ubiquinone)	100 mg	**
Choline (as choline citrate)	18 mg	**
Inositol	30 mg	**

† Percent Daily Value (DV) based on a 2,000 calorie diet.

** Daily Value not established.

Other Ingredients: Organic Cane Sugar, Organic Tapioca Syrup, Gelatin, Pectin, Citric Acid, Natural Flavors (Orange, Lemon, Grape, Blueberry), Colors Added (Organic Black Carrot Juice Concentrate, Annatto, Organic Turmeric), Fractionated Coconut Oil and Carnauba Wax.

Contains Anchovy, Sardine, Essential Omega 3 Oils from Sustainable Fisheries