

MEN'S COMPLETE MULTI + OMEGA 3s + CoQ10

THE GOOD GUMMY

We hope our delicious SmartyPants gummy vitamins made in sunny California from the best ingredients get you on the road to feeling great. Here's something else that will make you feel great: with your purchase, SmartyPants will make a 1-for-1 matching nutrient grant to a child in need through our partnership with Vitamin Angels. Here's to your health.

Courtney & Gordon
Co-CEOs



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Distributed by SmartyPants, Inc., Marina del Rey, CA 90292 USA



Who, exactly, made the rule that a man needs a cape to be super? You work hard, take care of yourself and the people you love. Sure, x-ray vision is impressive, but we think you're pretty super, man.

SMARTY PANTS®

180
DELICIOUS GUMMIES
DIETARY SUPPLEMENT



GUMMY GOODNESS

Our delicious gummies include:

- MULTIVITAMIN
- ECO-FRIENDLY OMEGA 3 EPA & DHA
- CoQ10
- LYCOPENE
- SELENIUM
- ZINC

Excellent source of vitamins A, C, D, E, B6, B12, niacin, folate, and iodine.

No synthetic colors, flavors, or preservatives.

Gluten and casein-free.

Every batch third party lab tested.

Free of GMO's, yeast, wheat, milk, eggs, soy allergens, gluten, peanuts, tree nuts, fish allergens, shellfish, high fructose corn syrup, synthetic colors, artificial flavors, artificial preservatives and salicylates

Made in California in a GMP-certified facility with domestic and imported ingredients.

WARNING: Keep out of reach of children. Take only as directed. Do not exceed recommended dosage. If you have a medical condition, are on medication, or are pregnant or nursing, please consult your health care provider before use. Do not use if inner safety seal is broken.

Recommendations: Store in a cool dry area. Do not freeze. Natural colors will darken over time—this does not affect the potency of the product.

Directions: For adult men, take six (6) Gummies daily. May be taken with or without food.

Supplement Facts

Serving Size: 6 Gummies

Servings Per Container: 30

Amount Per 6 Gummy Serving	% Daily Value
Calories	50
Cholesterol	< 5 mg < 1%
Total Carbohydrate	11 g 4%†
Sugars	8 g **
Vitamin A (as retinyl palmitate)	1500 IU 30%
Vitamin C (as ascorbic acid)	60 mg 100%
Vitamin D (Vitamin D-3 as cholecalciferol)	1200 IU 300%
Vitamin E (as d-alpha-tocopherol from sunflower oil)	30 IU 100%
Thiamin (Vitamin B-1 as thiamine mononitrate)	0.08 mg 5%
Riboflavin	0.26 mg 15%
Niacin (Vitamin B-3 as niacinamide)	4 mg 20%
Vitamin B-6 (as pyridoxine HCl)	2 mg 100%
Folic Acid	400 mcg 100%
Vitamin B-12 (as methylcobalamin)	100 mcg 1667%
Biotin	45 mcg 15%
Pantothenic acid (as calcium D-pantothenate)	1.5 mg 15%
Iodine (as potassium iodide)	150 mcg 100%
Zinc (as zinc citrate)	15 mg 100%
Selenium (as sodium selenite)	14 mcg 20%
Sodium	25 mg < 1%
Fish Oil (from anchovy and sardine)	510 mg **
EPA (Eicosapentaenoic Acid)	83 mg
DHA (Docosahexaenoic Acid)	67 mg
Total Omega-3 Fatty Acids	183 mg
Lycopene	8 mg **
Choline (as choline citrate)	18 mg **
Inositol	30 mcg **
CoQ10 (as Coenzyme Q10, ubiquinone)	120 mg **

† Percent Daily Value (DV) based on a 2,000 calorie diet.

** Daily Value not established.

Other Ingredients: Organic Cane Sugar, Organic Tapioca Syrup, Gelatin, Pectin, Citric Acid, Natural Flavors (Lemon Citrus, Blueberry, Blackberry) and Colors Added (Organic Black Carrot Juice Concentrate, Organic Turmeric, Maqui Berry).

Contains Anchovy, Sardine. Essential Omega 3 Oils from Sustainable Fisheries