

WARNING: NOT FOR USE BY INDIVIDUALS UNDER THE AGE OF 18. DO NOT USE IF PREGNANT OR NURSING. Discontinue use and immediately consult your health care professional if you experience any adverse reaction to this product. Do not exceed recommended serving. KEEP OUT OF REACH OF CHILDREN.

NO STARCH OR PRESERVATIVES ADDED.



Sustamine® is a registered trademark of KYOWA HAKKO BIO CO. LTD.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**MANUFACTURED FREE OF BANNED SUBSTANCES
IN A NSF GMP CERTIFIED FACILITY.**





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1UP NUTRITION
ELUTAMINE
PLUS HYDRATION COMPLEX



FEATURES SUSTAMINE®
A combination of the amino acids L-Alanine and L-Glutamine to help your body rehydrate, replenish and recover †

**PROMOTES GROWTH,
PROTEIN SYNTHESIS,
PERFORMANCE & STRENGTH.†**

**PROMOTES FAT LOSS AND
ENHANCED RECOVERY †**

**CANDY
WATERMELON**

30 SERVINGS
DIETARY SUPPLEMENT
Net Wt. 15.87OZ (450 G)



DIRECTIONS: Mix 1 scoop with 8 oz. of water and drink before, during and after training.

Supplement Facts

Serving Size: 1 scoop (15g)
Servings per Container: 30

	Amount Per Serving	% DV
L-Leucine	3,600 mg	*
L-Glutamine	2,600 mg	*
L-Valine	1,600 mg	*
L-Isoleucine	1,600 mg	*
L-Citrulline	1,000 mg	*
L-Carnitine (as L-carnitine L-tartrate)	1,000 mg	*
Glycogenic Hydration Blend	280 mg	*
Glycine		
Sustamine® (L-Alanine and L-Glutamine)		

* Daily Value not established.

OTHER INGREDIENTS: Maltodextrin, malic acid, watermelon natural & artificial flavor, citric acid, sucralose, sodium chloride, silicon dioxide, acesulfame potassium and red 40.
Store in a dry place at room temperature (59F - 86F). Do not use this product if printed inner seal under cap is missing or broken.