

Ingredients: SUPRO® brand soy protein isolate⁽¹⁾, fructose, maltodextrin, natural cocoa powder, natural chocolate and other natural flavors, xanthan gum, carrageenan gum, psyllium, microcrystalline cellulose, apple pectin, chlorophyll, papain and bromelain.

CONTAINS NO artificial colors, flavors or preservatives: no wheat, gluten, milk, eggs, peanuts, tree nuts, crustacean shellfish or fish.

Directions: Add one heaping scoop (included in can) of powder to 8 oz. of milk, juice or favorite beverage and mix until smooth.

Our **NON-GMO** (Genetically Modified Organism) Soy used in **Maximum Soy-Spirulina Protein Powder** is certified by Solae (makers of SUPRO®) to be produced in accordance with the Certified Identity Preservation Program (IPP). The soybeans grown under this program are closely monitored at each stage to ensure the crop is free of DNA modification. IPP guidelines have been developed to assure that the identity of the crop is maintained throughout the system. This includes monitoring the seeds, planting, harvesting, transportation, elevation, processing, and production. Third party verification is used to certify this process.[†]

Diets low in saturated fat and cholesterol that include 25 grams of soy protein a day may reduce the risk of heart disease. Each serving of NON-GMO Maximum Soy Protein Powder provides 15 grams of soy protein.

Typical Amino Acid Profile Per Serving of Drink Mix:

Alanine.....	605 mg	Lysine [‡]	908 mg
Arginine.....	1104 mg	Methionine [‡]	196 mg
Aspartic Acid.....	1673 mg	Phenylalanine [‡]	748 mg
Cystine.....	178 mg	Proline.....	748 mg
Glutamic Acid.....	2759 mg	Serine.....	748 mg
Glycine.....	605 mg	Threonine [‡]	552 mg
Histidine.....	196 mg	Tryptophan [‡]	552 mg
Isoleucine* [‡]	712 mg	Tyrosine.....	552 mg
Leucine* [‡]	1175 mg	Valine* [‡]	730 mg
* Branched Chain Amino Acid		‡ Essential Amino Acid	

Typical Isoflavone Profile Per Serving of Drink Mix:

Daidzein Compounds:	11 mg
Glycitein Compounds:	2 mg
Genistein Compounds:	19 mg
Total Isoflavones:	32 mg

One serving of protein powder plus 8 oz. skim milk provides: 1 g fat, 6 mg cholesterol, 270 mg sodium, 691 mg potassium, 24 g carbohydrate, 23 g sugar, 23 g protein.

⁽¹⁾SUPRO® is a registered trademark of Solae.

Use this product as a food supplement only. DO NOT USE for weight reduction.

To report a serious adverse event, call 1-888-710-0006

[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

KEEP OUT OF REACH OF CHILDREN.

964L



Vegetarian High Protein
Energy Powder

MAXIMUM SOY-SPIRULINA PROTEIN POWDER

Supro® Soy Protein Powder
With Spirulina

Supports Bone, Cardiovascular,
Menopausal and General Health[†]

• Natural Chocolate Flavor •

NET WT. 16 OZ. (454 g)



Supplement Facts

Serving Size 1 heaping scoop (30 g)
Servings Per Container Approximately 15

Amount Per Serving	Powder Mix	With 1 Cup Skim Milk
Calories	115	200
Calories from Fat	10	10
%Daily Value*		
Total Fat	1 g	2%
Saturated Fat	0 g	0%
Cholesterol	0 mg	0%
Total Carbohydrate	11 g	4%
Dietary Fiber	<1 g	3%
Sugars	10 g	**
Protein	15 g	30%
Vitamin A (as palmitate)	5,000 IU	100%
Vitamin C (as ascorbic acid)	60 mg	100%
Calcium (from dicalcium phosphate)	480 mg	53%
Iron (from ferrous fumarate)	12 mg	50%
Vitamin D3 (as cholecalciferol)	200 IU	50%
Vitamin E (as d-alpha tocopherol acetate)	30 IU	100%
Thiamin (as thiamin HCl)	1.5 mg	100%
Riboflavin	1.7 mg	100%
Niacin (as niacinamide)	20 mg	100%
Vitamin B6 (as pyridoxine hydrochloride)	2 mg	100%
Folic Acid	400 mcg	100%
Vitamin B12 (as cyanocobalamin)	6 mcg	100%
Biotin	300 mcg	100%
Pantothenic Acid (as d-calcium pantothenate)	10 mg	100%
Phosphorous (from dicalcium phosphate)	400 mg	39%
Iodine (from potassium iodide)	150 mcg	100%
Magnesium (from magnesium oxide)	80 mg	20%
Zinc (from zinc oxide)	8 mg	50%
Selenium (from sodium selenate)	46 mcg	30%
Copper (from copper gluconate and sodium copper chlorophyllin)	2 mg	100%
Manganese (from manganese sulfate)	2.8 mg	140%
Chromium (from chromium chloride)	18 mcg	15%
Molybdenum (from sodium molybdate)	11 mcg	15%
Sodium	180 mg	6%
Potassium	310 mg	8%
Oat bran	250 mg	**
Spirulina	100 mg	**
Lemon Bioflavonoids	50 mg	**
Bee Pollen	50 mg	**
Inositol	50 mg	**
Choline	21 mg	**
L-Carnitine	5 mg	**

* Percent Daily Values are based on a 2,000 calorie diet. ** Percent Daily Value not established. Your daily values may be higher or lower depending on your calorie needs.

Calories:	2,000	2,500	Calories:	2,000	2,500
Total Fat	Less than 65 g	80 g	Potassium	3,500 mg	3,500 mg
Sat Fat	Less than 20 g	25 g	Total Carbohydrate	300 g	375 g
Cholesterol	Less than 300 mg	300 mg	Dietary Fiber	25 g	30 g
Sodium	Less than 2,400 mg	2,400 mg	Protein	50 g	65 g

Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4

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