WARNING: NOT FOR USE BY INDIVIDUALS UNDER THE AGE OF 18. DO NOT USE IF PREGNANT OR NURSING. Discontinue use and immediately consult your health care professional if you experience any adverse reaction to this product. Do not exceed recommended serving. KEEP OUT OF REACH OF CHILDREN.

NO STARCH OR PRESERVATIVES ADDED.



Sustamine® is a registered trademark of KYOWA HAKKO BIO CO. LTD.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

MANUFACTURED FREE OF BANNED SUBSTANCES IN A NSF GMP CERTIFIED FACILITY.







Distributed by 1UP Nutrition, LLC. - 7260 NW 58th St. Miami FL 33166. 1-800-688-1094 * salesteam@1upnutrition.com * www.1upnutrition.com



DIRECTIONS: Mix 1 scoop with 8 oz. of water and drink before, during and after training.

Supplement Facts

Serving Size: 1 scoop (15g) Servings per Container: 30

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	Amount Per Serving	% DV
-Leucine	3,600 mg	*
-Glutamine	2,600 mg	*
-Valine	1,600 mg	*
-Isoleucine	1,600 mg	*
-Citrulline	1,000 mg	*
-Carnitine (as L-carnitine L-tartrate)	1,000 mg	*
lycogenic Hydration Blend 280 mg Glycine Sustamine® (L-Alanine and L-Glutamine)		*
Daily Value not established.		

OTHER INGREDIENTS: Maltodextrin, malic acid, raspberry lemonade natural & artificial flavor, citric acid, sucralose, sodium chloride, silicon dioxide, acesulfame potassium and red 40.

Store in a dry place at room temperature (59F - 86F). Do not use this product if printed inner seal under cap is missing or broken.