

Vitamin D3 is a fat-soluble vitamin that helps maintain healthy bones by stimulating the absorption of calcium in the body. The body has the ability to make vitamin D3 naturally when exposed to sunlight. During the winter months, however, the body's vitamin D3 stores are low, increasing the risk of deficiency. Sunscreens also block the body's ability to make vitamin D3 from sunlight. Vitamin D3 deficiency can contribute to accelerated bone loss and reduced calcium utilization.†

Our Vitamin D3 softgels provide a natural source of this important fat-soluble vitamin.

**WE GUARANTEE OUR SUPPLEMENTS
FOR POTENCY AND PURITY**

To report a serious adverse event, call 1-888-710-0006

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

VITAMIN D3 400 IU

Supports Healthy Bones†

Dietary Supplement

100 SOFTGELS



Supplement Facts

Serving Size 1 Softgel Servings Per Container 100

Amount Per Serving	% Daily Value
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Vitamin D3 (from fish liver oil)	400 IU 100%
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Other Ingredients: Capsule (gelatin), glycerin, soybean oil.

SUGGESTED USE: Take one softgel daily with food.

CONTAINS NO artificial colors, flavors, or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts or crustacean shellfish.

KEEP OUT OF REACH OF CHILDREN.

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7