



Ashwagandha

Rejuvenative for Vata and Kapha that
Promotes Vitality and Strength*



90 Tablets
Dietary Supplement

Certified Organic

SUGGESTED USE: Take 1-2 tablets, once or twice daily, or as directed by your health practitioner.
Not for use by pregnant women.

Supplement Facts

Serving Size: 1 tablet

Servings Per Container: 90

**Amount
Per Tablet**

Ashwagandha root, <i>Withania somnifera</i> ⁺	500mg ^{**}
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⁺ Certified Organic

^{**} Daily Value not established

Other ingredients, from natural sources: organic maltodextrin, organic gum arabic, organic rice flour.

Free of gluten, soy and dairy. 100% vegetarian.

If you are pregnant, nursing, taking medications, or have a medical condition please consult with your health care practitioner prior to the use of this product.

Keep out of the reach of children.

Ashwagandha supports healthy adrenals and assists the body in combating stress. It promotes energy and vitality throughout the day while calming the mind and promoting sound, restful sleep at night.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Store in a cool, dry place. Do not use if seal is broken or missing.

Distributed by
Banyan Botanicals,
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New Mexico Department
of Agriculture



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