

**Formulated for
the healthy way of
life experts at
Life Time Fitness.**

Life Time Fitness Curcumin 500 helps maintain the body's normal inflammatory response through optimization of cytokine production, reduces post-workout soreness, and is 29 times more absorbable than regular curcumin.†

Recommended Use:

Take 1–2 capsules 2 times daily or as recommended by your health-care professional.

LIFETIME
FITNESS

CURCUMIN 500

Inflammatory response maintenance†



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NPPA161493 300cc

Manufactured exclusively for:
Life Time Fitness, Inc.
2902 Corporate Place,
Chanhassen, MN 55317

For Health and Safety
Information please call
844.520.4637

LTFL27558 LLTFL2755801

DIETARY SUPPLEMENT 120 VEGETARIAN CAPSULES

SUPPORTS A NORMAL INFLAMMATORY RESPONSE
THROUGH OPTIMIZATION OF CYTOKINE PRODUCTION†

SUPPLEMENT FACTS

Serving Size: Two Capsules
Servings Per Container: 60

Two Capsules Contain:	%DV
Curcumin Phytosome†† (Curcuma longa extract (root) / Phosphatidylcholine complex from Sunflower)	1 g *

*Daily Value (DV) not established

OTHER INGREDIENTS: Hypromellose (derived from cellulose) capsule, Leucine, Calcium Citrate/Laurate, Silicon Dioxide, Microcrystalline Cellulose.

††This product uses Indena S.p.A.'s curcumin phytosome (Meriva®). Meriva is a registered trademark of Indena S.p.A.

ALLERGY WARNING: This product is contraindicated in an individual with a history of hypersensitivity to any of its ingredients.

WARNING: If you are pregnant or nursing, have a medical condition or are taking any prescription drug, consult your physician or health-care professional before taking this product.

KEEP OUT OF REACH OF CHILDREN.

Do not use if safety seal under cap is broken or missing. Store in a dry place and avoid excessive heat.

TO REORDER shop.lifetimefitness.com

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

INTERACTIONS: Curcumin has been shown to reduce the therapeutic efficacy of cyclophosphamide (Cytosar) in animal studies. In vitro research revealed that curcumin decreased camptothecin-induced death of cultured breast cancer cells. Curcumin might also interfere with the absorption and efficacy of the chemotherapy drug Irinotecan, used to treat colon cancer. The concurrent use of curcumin with these agents should be avoided.

