Supplement Facts Serving Size 1 Pack		
Servings Per Container 30		
Amount Per Pack		%DV
Calories	60	
Calories From Fat	60	
Total Fat	7g	11%*
Saturated Fat	1g	5%*
Polyunsaturated Fat	2.75g	•
Cholesterol	5mg	2%*
Vitamin A	2000IÚ	40%
Vitamin D (as cholecalciferol)	100IU	25%
Omega 3 Fatty Acid (n-3 FA) Complex Flaxseed Oil Salmon Oil	4000mg	:
Cod Liver Oil		
Herring Oil		
Anchovy Oil		
Mackerel Oil		
Sardine Oil		 -
Omega 6 Fatty Acid (n-6 FA) Complex Borage Seed Oil	2500mg	
Safflower Seed Oil		
Evening Primrose Seed Oil		••
Sesamin		
Omega Absorption Complex	200mg	
Lecithin		
L-Carnitine		
Lipase Enzyme		

OTHER INGREDIENTS: Gelatin, glycerin, purified water, maltodextrin, dicalcium phosphate, i-carniline fumarate, silicon dioxide, magnesium stearate, di-alpha tocopherol acetate, titanium dioxide, carnenel color, yellow 46, blue 41, and red 440. This product contains lish & soy, Made in a GMP facility on equipment that processes milk, stry, egg, peanuts, tree nuts, fish, shellfish, and wheat. DOSAGE: Use Animal Omega as you would your regular essential fatty acid (EFA) supplement. Take one pack of Animal Omega at a time. You may take up to two daily, as you need it.

PRODUCT NOTES: Animal Omega is a full spectrum EFA product uniquely formulated for the serious bodybuilder and enhanced with sesamin. Each pack contains a precise, pre-dosed ratio of n-3 and n-6 fatty acids (FAs) including:

. Alpha-Linolenic Acid (ALA): 450mg [n-3] Docosahexaenoic Acid (DHA): 350mg [n-3]
 Eicosapentaenoic Acid (EPA): 450mg [n-3]

. Conjugated Linoleic Acid (CLA): 800mg [n-6] Gamma-Linolenic Acid (GLA): 300mg [n-6]
 Linoleic Acid (LA): 850 [n-6]

WARNING: Exercise good judgment and keep this out of reach of children. To keep it as fresh as possible, store this can in a cool, dry place, away from heat, moisture and sunlight. You know the drill. *These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.







The Essential EFA Stack Enhanced Anabolism & Metabolism | Essential Fatty Acids | n-3 FAs | n-6 FAs | ALA | GLA | EPA | DHA | CLA | LA | Sesamin