

**COMPLETE
FORMULA**



Alive!

**Women's
MULTI-VITAMIN**

Orchard Fruits™ / Garden Veggies™
dried blend (100 mg)

MULTI-VITAMIN / MULTI-MINERAL SUPPLEMENT

**200
Tablets**

Superior Potency
100%+ daily value of
20 vitamins & minerals

Energy Support
with B-vitamins to help
convert food into energy*

Promotes Healthy



Heart*



Immunity*



Eyes*



Metabolism*



Bones*



Hair/Skin*

*This statement has not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% DV
Vitamin A	5,000 IU 100%
(1,500 IU [30%] as beta carotene)	
Vitamin C	60 mg 100%
Vitamin D	1,000 IU 250%
Vitamin E	30 IU 100%
Vitamin K	80 mcg 100%
Thiamin (B1)	3 mg 200%
Riboflavin (B2)	3.4 mg 200%
Niacin (B3)	20 mg 100%
Vitamin B6	4 mg 200%
Folic Acid (B9)	400 mcg 100%
Vitamin B12	12 mcg 200%
Biotin (B7)	300 mcg 100%
Pantothenic Acid (B5)	15 mg 150%
Calcium	500 mg 50%
Iron	18 mg 100%
Iodine	150 mcg 100%

INGREDIENTS: Calcium Carbonate, Cellulose, Orchard Fruits™ and Garden Veggies™ Powder Blend: (Blueberry, Orange, Carrot, Pomegranate, Plum, Strawberry, Apple, Beet, Cherry, Pear, Tomato, Cauliflower, Raspberry, Acai, Asparagus, Banana, Broccoli, Brussels Sprout, Cabbage, Cranberry, Cucumber, Grape, Pea, Pineapple, Pumpkin, Spinach), Magnesium Oxide, Ascorbic Acid (Vitamin C), dl-alpha Tocopheryl Acetate (Vitamin E), Ferrous Fumarate (Iron), Sodium Croscarmellose, Stearic Acid, Niacinamide (Vitamin B3), Hypromellose, Polydextrose, Zinc Oxide, d-Calcium Pantothenate (Vitamin B5), Titanium Dioxide Color, Magnesium Stearate, Hydroxypropyl Cellulose, Vitamin A Acetate, Phytonadione (Vitamin K), Sodium Molybdate, Silica, Sodium Selenate, Biotin (Vitamin B7), Manganese Sulfate, Copper Sulfate, Pyridoxine HCl (Vitamin B6), Beta Carotene (Vitamin A), Folic Acid (Vitamin B9), Talc, Thiamin Mononitrate, Riboflavin (Vitamin B2), Sodium Borate, Cholecalciferol (Vitamin D), Medium Chain Triglycerides, Cyanocobalamin (Vitamin B12), Potassium Iodide, Lutein (Aztec Marigold Extract [flower]), Carmine Color

Amount Per Serving	% DV
Magnesium	50 mg 13%
Zinc	15 mg 100%
Selenium	70 mcg 100%
Copper	2 mg 100%
Manganese	2 mg 100%
Molybdenum	75 mcg 100%
Orchard Fruits™ & Garden Veggies™ Powder Blend: Blueberry, Orange, Carrot, Pomegranate, Plum, Strawberry, Apple, Beet, Cherry, Pear, Tomato, Cauliflower, Raspberry, Acai, Asparagus, Banana, Broccoli, Brussels Sprout, Cabbage, Cranberry, Cucumber, Grape, Pea, Pineapple, Pumpkin, Spinach	100 mg **
Boron	150 mcg **
Lutein	100 mcg **

**Daily Value (DV) not established.

RECOMMENDATION: Take 1 tablet daily, preferably with food. If pregnant, nursing or taking any medications, consult a healthcare professional before use. Not formulated for use in men or children. Do not exceed recommended use.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. **Keep this product out of reach of children.** In case of accidental overdose, call a doctor or poison control center immediately.

SATISFACTION GUARANTEED. Safety sealed for your protection with printed inner freshness seal under child resistant bottle cap. Do not use if seal is broken or missing. Store at room temperature. Keep bottle tightly closed.

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