

Vitamin D aids in the absorption of calcium, helping to form and maintain strong bones.* This D₃ is made from lichen, a plant, a natural source of Vegan D₃.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

YES CERTIFIED GLUTEN-FREE BY GFCO, INC. NO YEAST, WHEAT OR SOY
YES CERTIFIED VEGAN BY THE AVA NO MILK, SALT OR SUGAR
YES RECYCLABLE PACKAGING NO PRESERVATIVES
YES MANUFACTURING SUPPORTS NO ARTIFICIAL COLORS
WIND POWER OR FLAVORS

Vitashine is a trademark of ESB Developments Ltd.
Lot No:

Best by:



Dietary Supplement **60 Vegan Softgels**

— *Our PLEDGE of INTEGRITY* —
AUTHENTICITY • CLEANLINESS • FRESHNESS
CONSISTENCY • ACCURACY

VEGAN D₃

5000 I.U.

Gluten-Free

- ▶ 100% plant-derived D₃
- ▶ Promotes bone and immune health*

Vegan D₃

Vitamin D aids in the absorption of calcium, helping to form and maintain strong bones.* This D₃ is made from lichen, a plant, a natural source of Vegan D₃.

Sunlight is needed for the body to naturally produce D₃. However, people who spend a lot of time indoors, or use sunblock, may not produce sufficient levels of this fundamental vitamin. Supplements are needed to help fulfill the daily requirements.

Vitamin D promotes bone and immune health.* The complementary benefits of Vitamin D₃ with calcium absorption is well known, but did you know that Vitamin D₃ also helps to support our immune system?*

Up until now, the source of Vitamin D₃ has been animal sourced, and not suitable for a vegan lifestyle or those who prefer a plant-based vitamin. Country Life now offers Vegan D₃ in a 100% plant-derived form.

To further complement your supplement regimen, try Country Life Target-Min's line of calcium and minerals. Available in a range of formulas, potencies, and sizes to best meet your needs.

At Country Life, integrity is our #1 ingredient. Every product is rigorously tested to ensure it measures up against Country Life's 5 Integrity Standards: 1) authenticity of ingredients; 2) cleanliness of ingredients; 3) freshness of ingredients; 4) consistency of the formula; and 5) accuracy of labeling.

Go to CountryLifeVitamins.com to learn more.

01F16NKL



* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

YES GLUTEN-FREE
YES CERTIFIED VEGAN BY THE AVA
YES RECYCLABLE PACKAGING
YES MANUFACTURING SUPPORTS
WIND POWER

NO YEAST OR WHEAT
NO SOY OR MILK
NO SALT OR SUGAR
NO PRESERVATIVES
NO ARTIFICIAL COLORS
NO ARTIFICIAL FLAVORS

Vitashine is a trademark of ESB Developments Ltd.

Dietary Supplement **60 Vegan Softgels**

— *Our PLEDGE of INTEGRITY* —
AUTHENTICITY • CLEANLINESS • FRESHNESS
CONSISTENCY • ACCURACY

VEGAN D₃

5000 I.U.

Gluten-Free

- ▶ 100% plant-derived D₃
- ▶ Promotes bone and immune health*

Directions: Adults take one (1) softgel daily with food. Do not exceed recommended dose. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts		
Serving Size 1 softgel		
Amount Per Serving	% Daily Value	
Vitamin D (D ₃) (as cholecalciferol)	5,000 I.U.	1,250%

Other Ingredients: Sunflower oil, d-alpha tocopherol (vitamin E), non-GMO corn starch, carrageenan, vegetable glycerin, sorbitol, purified water.

CAUTION: If you are pregnant or nursing, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor.

Do not accept if seal is broken. Store between 59°-86° F. Keep out of the reach of children.

Manufactured for Country Life, LLC
180 Vandeventer Motor Parkway, Haysoupe, NY 11788 (USA)
CountryLifeVitamins.com
Product No. 5621
PRODUCT OF USA



Country Life is passionate about helping you live a healthy, active life.



This extends into the environment we live in and the materials we use in our packaging.



We use 100% recycled paperboard.



RECYCLED
Packaging made from recycled material
FSC® C101987

**PLEASE HELP US IN OUR MISSION;
RECYCLE THIS BOX & BOTTLE AFTER USE.**

Directions: Adults take one (1) softgel daily with food. Do not exceed recommended dose. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts		
Serving Size 1 softgel		
Amount Per Serving	% Daily Value	
Vitamin D (D ₃) (as cholecalciferol)	5,000 I.U.	1,250%

Other Ingredients: Sunflower oil, d-alpha tocopherol (vitamin E), non-GMO corn starch, carrageenan, vegetable glycerin, sorbitol, purified water.

CAUTION: If you are pregnant or nursing, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor.

See box for Lot. No. and Best By Date information.
Do not accept if seal is broken.
Store in a dry place between 59°-86° F.
Keep out of the reach of children.

Manufactured for Country Life, LLC
180 Vandeventer Motor Parkway, Haysoupe, NY 11788 (USA)
CountryLifeVitamins.com
Product No. 5621
PRODUCT OF USA