

Vitamin D aids in the absorption of calcium, helping to form and maintain strong bones.* This D3 is made from lichen, a plant, a natural source of Vegan D3.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

YES	CERTIFIED GLUTEN-FREE BY GFCO.ORG	NO	YEAST OR WHEAT
YES	CERTIFIED VEGAN BY THE AVA	NO	SOY OR MILK
YES	RECYCLABLE PACKAGING	NO	SALT OR SUGAR
YES	MANUFACTURING SUPPORTS WIND POWER	NO	PRESERVATIVES
		NO	ARTIFICIAL COLORS OR FLAVORS

Vitashine is a trademark of ESB Developments Ltd.

Lot No:

Best by:

01E16NL



CONTAINS
VITASHINE D3™

ESTABLISHED
— 1971 —
**Country
Life**

• CERTIFIED •
VEGAN D₃

5000 I.U.

Gluten-Free

- 100% plant-derived D₃
- Promotes bone and immune health*

Dietary
Supplement

30 Vegan
Softgels

— Our PLEDGE of INTEGRITY —
AUTHENTICITY • CLEANLINESS • FRESHNESS
CONSISTENCY • ACCURACY

Directions: Adults take one (1) softgel daily with food. Do not exceed recommended dose. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 1 softgel

Amount Per Serving	% Daily Value	
Vitamin D (D ₃) (as cholecalciferol)	5,000 I.U.	1,250%

Other Ingredients: Sunflower oil, d-alpha tocopherol (vitamin E), non-GMO corn starch, carrageenan, vegetable glycerin, sorbitol, purified water.

CAUTION: If you are pregnant or nursing, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor.

Do not accept if seal is broken. Store between 59°-86°F. Keep out of the reach of children.

Manufactured for Country Life, LLC
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Product No. 5820
PRODUCT OF USA