

 *Health through the power of nature,
that's what it means to Trust the Leaf.[®]*

Silent Night[™] formula has a relaxing effect to support restful sleep.* It is carefully tested and produced to superior quality standards.

Keep out of reach of children. Safety sealed with printed outer shrinkwrap and inner seal. Do not use if either is broken or missing.

GLUTEN FREE. No sugar, salt, yeast, wheat, corn, soy, dairy products, artificial colors, flavors or preservatives.

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 **VEGETARIAN**

◆ LN401.C01 BLK8192C



*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

PREMIUM  FORMULA

Silent Night[™]

Sleep Formula^{*}



100 Vegetarian Capsules / 440 mg

DIETARY SUPPLEMENT

Recommendation: Take 4 capsules one hour prior to bedtime.

Caution: Do not exceed recommended dose. If difficulty sleeping persists for more than 2 weeks, consult a healthcare professional. Insomnia may be a symptom of a serious underlying medical condition. Consult a healthcare professional before use if you are pregnant, nursing or taking sedatives, tranquilizers or any medications. Avoid alcohol and do not drive or operate machinery while taking this product.

Supplement Facts

Serving Size 4 Capsules / Servings per Container 25

Amount Per Serving		% DV
Total Carbohydrate	<1 g	<1%†
Silent Night [™] Blend	1.76 g	**
Hops (flower), Valerian (root), Lemon Balm (leaf)		

†Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established.

Other ingredients: plant-derived capsule (modified cellulose)