

Suggested Use: As a dietary supplement, take one tablespoon daily.

Consult a medical doctor before taking this or any other nutritional supplement if you are pregnant, nursing, have or suspect a medical condition or are taking any medications. Do not use if freshness seal is missing or broken. KEEP OUT OF REACH OF CHILDREN.

Pure coconut-based MCT Oil (medium chain triglycerides) not only provides 12.7 grams of medium chain fatty acids that started the MCT oil craze, it also contains 4 grams of lauric acid, a compound found in coconuts that is thought to support optimal health.[†] Palm oil, a leading constituent in many other MCT oils on the market, is typically harvested from native palm forests, contributing to the destruction of the last remaining habitats for orangutans. So enjoy our best in class coconut-based MCT Oil and send a karmic high five to the great red ape.

COCONUT
SOURCED

VEGAN

NON
GMO

†THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Copyright © 2016 Onnit Labs, LLC. All rights reserved.

FINALLY



• PURE PREMIUM •

MCT OIL

MEDIUM CHAIN TRIGLYCERIDES

Provide

QUICK & CLEAN
FUEL[†]

CONTAINS 0% PALM

- Derived From -

 PURE
COCONUT OIL

- Typically -

4G LAURIC
ACID
PER SERVING

Supplement Facts

Serving Size 1 Tablespoon (15 mL)
Servings Per Container about 47

Amount Per Serving	% DV
Calories 130	
Calories from Fat 130	
Total Fat 14g	22%
Saturated Fat 14g	70%*
Polyunsaturated Fat 0g	††
Monounsaturated Fat 0g	††
Medium Chain Triglycerides (MCTs) (from Coconut) 12.7g	††
Caprylic Acid 4.8g	††
Lauric Acid 4g	††
Capric Acid 3.9g	††

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

††Daily Value Not Established.

Other Ingredients: None

CONTAINS TREE NUTS (COCONUT)

Manufactured exclusively for:

Onnit Labs, LLC
Austin, Texas 78744
(855) 666-4899

PRODUCT OF THE PHILIPPINES

Store in a cool, dry place.



Dietary Supplement

24 FL OZ (709 mL)

#GETONNIT

@onnit

fb.com/onnitlabs

RI62405-782