

HOST DEFENSE[®] MUSHROOMS[™]

MYCOMMUNITY[™] EXTRACT

MADE WITH U.S. GROWN,
TRIPLE EXTRACTED
ORGANIC MUSHROOMS



COMPREHENSIVE
IMMUNE SUPPORT

GLUTEN FREE
DIETARY
SUPPLEMENT
2 Fluid Ounces
(60 Milliliters)



Supplement Facts

Serving Size: 1 mL (~45 drops)
Servings Per Container: 60

Amount Per Serving

Proprietary Blend	1 mL †
Agarikon (<i>Fomitopsis officinalis</i>) mycelium ‡	**
Maitake (<i>Grifola frondosa</i>) mycelium ‡	**
Chaga (<i>Inonotus obliquus</i>) mycelium ‡	**
Reishi (<i>Ganoderma lucidum</i> s.l.) mycelium ‡	**
Cordyceps (<i>Cordyceps militaris</i>) mycelium ‡	**
Oyster Mushroom (<i>Pleurotus ostreatus</i>) mycelium ‡	**
Birch Polypore (<i>Piptoporus betulinus</i>) mycelium ‡	**
Royal Sun Blazei (<i>Agaricus brasiliensis</i> f. blazei) mycelium ‡	**
Enokitake (<i>Flammulina velutipes</i>) mycelium ‡	**
Mesima (<i>Phellinus linteus</i>) mycelium ‡	**
Split Gill Polypore (<i>Schizophyllum commune</i>) mycelium ‡	**
Turkey Tail (<i>Trametes versicolor</i>) mycelium ‡	**
Lion's Mane (<i>Hericium erinaceus</i>) mycelium ‡	**
Reishi (<i>Ganoderma lucidum</i> s.l.) fruitbodies ‡	***
Maitake (<i>Grifola frondosa</i>) fruitbodies ‡	***
Amadou (<i>Fomes fomentarius</i>) mycelium ‡	**
Artist's Conk (<i>Ganoderma applanatum</i> s.l.) mycelium ‡	**
Oregon Ganoderma (<i>Ganoderma oregonense</i> s.l.) mycelium ‡	**
Shiitake (<i>Lentinula edodes</i>) mycelium ‡	**

**extract of fresh mushroom mycelium

***extract of dried mushroom fruitbodies

†Daily value not established ‡Certified Organic

Other ingredients: water, alcohol ‡ (alcohol content: 30–40%), myceliated brown rice ‡

Grown and distributed by
Fungi Perfecti, LLC,
PO Box 7634,
Olympia, WA 98507 USA
Toll Free: 877-504-6926
HOSTDEFENSE.COM



Certified Organic by
the Washington State
Department of Agriculture.

From the Forest,
to our Farm, to You[™]

Our liquid extracts provide rapid absorption and are great for those seeking immune support.* Host Defense[®] extracts may be used directly from the bottle, or in water, warm tea, coffee, juice or smoothies.

HOST DEFENSE[®] MYCOMMUNITY[™]
MyCommunity is the 17 species Host Defense formula originally created by Paul Stamets—the most comprehensive Host Defense extract formula for Supporting Natural Immunity.*

Directions for Use:
As a dietary supplement, take 1 mL twice per day. Can be taken with food or without, on an empty stomach or as recommended by your healthcare advisor. Consult your healthcare advisor regarding the use of this product during pregnancy. Keep out of reach of children.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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