

 *Health through the power of nature,
that's what it means to Trust the Leaf.®*

Vitamin B-1 (Thiamin) is a precursor to the active metabolite thiamin diphosphate, which is essential for the conversion of glucose into energy.* Thiamin also helps in the conversion of carbohydrates into energy reserves.* Our Vitamin B-1 is carefully tested and produced to superior quality standards.

Keep out of reach of children. Safety sealed with printed outer shrinkwrap and inner seal. Do not use if either is broken or missing.

◆ LN40411.02 BLK8382



*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

PREMIUM  **QUALITY**

Vitamin B-1

100 mg Thiamin HCl



ENERGY & METABOLISM*

100 Capsules / Certified Potency

DIETARY SUPPLEMENT

Recommendation: Take 1 capsule daily, preferably with food. If pregnant, nursing or taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	% DV	
Thiamin (as Thiamin HCl)	100 mg	6,667%

Daily Value (DV).

Other ingredients: cellulose, gelatin (capsule), magnesium stearate

GLUTEN FREE. No sugar, salt, yeast, wheat, corn, soy, dairy products, artificial colors, flavors or preservatives.

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Questions? 1-800-9NATURE / naturesway.com