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product info

Read the entire label and follow the directions carefully prior to use.
DIRECTIONS: Take one (1) to two (2) capsules daily with meals, or as recommended by a healthcare practitioner.

Store tightly closed in a cool, dry place.

WARNINGS:

- KEEP OUT OF REACH OF CHILDREN.
- DO NOT EXCEED RECOMMENDED DOSE.
- Do not purchase if outer seal is broken or damaged.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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QE01477C

LifeExtension®

Chromium Ultra



High Potency Essential Trace Mineral

Dietary
Supplement

100 Vegetarian
Capsules

Supplement Facts

Serving Size 1 Vegetarian Capsule

Amount Per Serving	% Daily Value	
Vitamin C (as ascorbyl palmitate)	21 mg	35%
Niacin (as flush-free inositol hexanicotinate)	60 mg	300%
Chromium [as Crominex® 3+ chromium stabilized with Capros® standardized amla extract (fruit) and PrimaVie® purified and standardized Shilajit]	500 mcg	417%
BCM-95® Bio-Curcumin® turmeric 25:1 extract (root) [std. to 95% Total Curcuminoids Complex with Essential Oils of Turmeric]	50 mg	**
Green tea decaffeinated extract (leaf) [providing 49 mg polyphenols]	50 mg	**
Inositol (as inositol hexanicotinate)	15 mg	**
Japanese knotweed extract (root) and whole red grape extract [providing 1 mg <i>trans</i> -resveratrol]	2.85 mg	**

**Daily Value not established.

Other ingredients: vegetable cellulose (capsule), rice flour, vegetable stearate, silica.

Manufactured for:
Quality Supplements and Vitamins, Inc.

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To report a serious adverse event or obtain product information,
contact 1-866-280-2852.