

Directions: For adult men, take three (3) tablets daily, preferably before meals.

No Egg, No Sugar, No Artificial Flavor.

WARNING: This product is intended for use by men and is not intended for use by women. If you are taking any medications, including blood thinners, planning any medical or surgical procedure or have any medical condition, consult your doctor before use. Avoid this product if you are allergic to bees, bee products, sunflowers or dairy-like flowers. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

Pyrogen® is a reg. TM of Hesparg Research Ltd. Use of this product may be protected by one or more U.S. patents and other international patents.

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Carefully Manufactured by
AMERICAN HEALTH, INC.
Rochester, NY 11779 U.S.A.
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More THAN A MULTIPLE™

WHOLE FOOD
CONCENTRATES

MULTIVITAMIN FOR MEN



OMEGA 3 & 6 LIPIDS
ZINC & SELENIUM
MEN'S BIOACTIVE COMPLEX

90 TABLETS

DIETARY SUPPLEMENT

Supplement Facts

Amount Per Serving	%Daily Value
Bee Pollen	16.5 mg
Spirulina/Chlorella (Chlorophylline)	30 mg
Bee Propolis	16.5 mg
L-Glutathione	10 mg
Wheat Grass/Barley Grass (Chlorophylline)	30 mg
Borage Oil and Fish Oil (containing Omega-3 and Omega-6 Lipids)	233 mg
Royal Jelly	3 mg
Licorice Extract (Glycyrrhizic Acid) (Glycyrrhiza glabra) (root)	12.5 mg
Bilberry Extract (Anthocyanins) (Vaccinium myrtillus) (fruit)	12.5 mg
Pyrogen® (Pinus pinaster) (French Maritime Pine Bark Extract)	5 mg
Echinacea/Goldenseal (Echinaceae) (Echinacea angustifolia) (root)/(Hydrastis canadensis) (root)	30 mg
Garlic (Allium sativum) (bulb)	55 mg
Polyphenol Complex (Red Wine Extract (Vitis vinifera) (grape skin), Green Tea Extract (Camellia sinensis) (leaf))	15 mg
Vegetable Complex (From Beet Root, Wild Yam Root, Celery Seed, Brussels Sprouts (aerial), Carrot Root, Cauliflower (whole plant), Broccoli (whole plant))	50 mg
Citrus Complex (From Lemon (fruit), Orange Peel, Lime (fruit), Grapefruit Seed)	50 mg
Mushroom Complex (From Maitake, Reishi, Shiitake)	15 mg
Vitamin Co-Factor Complex (Pyridoxal 5' Phosphate (Vitamin B-6 Co-Factor) and Pantothine (Pantothenic Acid Co-Factor))	3,330 mcg (3.3 mg)
Lycopene	1,000 mcg (1 mg)
Lutein (Purified from Extracted Marigolds)	1,000 mcg (1 mg)
Alpha Lipoic Acid	1,000 mcg (1 mg)
Tocotrienol Complex	1,600 mcg (1.6 mg)
Men's Bioactive Complex	100 mg
Saw Palmetto Extract (Serenoa repens) (fruit), Cranberry Extract (Vaccinium macrocarpon) (fruit), Pumpkin (Cucurbita pepo) (seed), Rhodiola (Rhodiola rosea) (root))	100 mg

**Percent Daily Values are based on a 2,000 calorie diet.

***Daily Value not established.

OTHER INGREDIENTS: Vegetable Cellulose, Gelatin, Calcium Silicate, Vegetable Stearic Acid, Vegetable Magnesium Stearate, Red Cabbage, Titanium Dioxide, Natural Palm Leaf Glaze, Contains milk, wheat and fish (anchovy, sardine) ingredients.

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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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AMERICAN HEALTH

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DIETARY SUPPLEMENT

More Than A Multiple™ For Men is an energy-rich mega-potency multivitamin developed on the principle that concentrates derived from whole foods are really the best approach to proper nutrition in a supplement form. In addition to essential vitamins and minerals, More Than A Multiple™ For Men supplies your body with naturally occurring nutrients from whole foods not found in many supplements. These energy-rich whole foods work synergistically with other nutrients to provide extra nutritional support in one convenient formula.



More Than A Multiple™ For Men features a proprietary Bioactive Complex specifically developed for a man's physiology in an exclusive timed-release formula. You can count on More Than A Multiple™ For Men for immediate and extended nutritional support hour after hour!

This mega-potency men's multivitamin featuring energy-rich whole food concentrates contains:

- Over 40 vitamins, minerals, amino acids, phytonutrients, enzymes, bioflavonoids and herbs that work together to promote overall good health*
- Omega-3 and Omega-6 lipids, essential for balanced health*
- Natural whole food vegetable concentrate, citrus and mushroom complexes
- All the nutritional support you need daily for optimum wellness*

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