

PROD. NO. 7904  
B52973 02A

VALUE

SIZE

**FINEST**  
NUTRITION

SLEEP AID\*

**MELATONIN**

**3 mg**

PER TABLET

HELPS PROMOTE SLEEP\*

DIETARY  
SUPPLEMENT

**240 TABLETS • ONE PER DAY**

NO YEAST, NO WHEAT,  
NO GLUTEN, NO MILK  
OR MILK DERIVATIVES,  
NO LACTOSE, NO SUGAR,  
NO PRESERVATIVES,  
NO SOY, NO ARTIFICIAL  
COLOR, NO ARTIFICIAL  
FLAVOR, NO SODIUM.

3



ITEM 413291

W10093-1215-F

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**USE ONLY IF INNER SEAL IS NOT BROKEN  
OR MISSING.**

**Suggested Use:** As a dietary supplement  
for adults, take one (1) tablet at bedtime  
as melatonin may produce drowsiness.

**Supplement Facts**

Serving Size 1 Tablet

**Amount Per Serving % Daily Value**

Melatonin 3 mg \*\*

\*\*Daily Value not established.

**OTHER INGREDIENTS:** Calcium Carbonate,  
Cellulose (Plant Origin), Croscarmellose.  
Contains <2% of: Silica, Vegetable Magnesium  
Stearate.

**WARNING:** Not intended for use by pregnant or  
nursing women. If you take a prescription  
medication or have any medical condition, consult  
a physician before using this product. Discontinue  
use and consult your doctor if any adverse  
reactions occur. Do not drive, operate machinery or  
consume alcohol when taking this product. Limit

use to two months with a break of one week. Not  
intended for use by persons under the age of 18.

**Keep out of the reach of children.**  
Store at room temperature, tightly closed.

Melatonin works in harmony with your  
natural sleep cycle to give you the tranquil  
rest you deserve, so you can awaken  
feeling refreshed and revitalized.\*  
Melatonin may be appropriate for people  
experiencing occasional sleeplessness,  
those with jet lag, or anyone wanting to  
promote sound, quality sleep.\*

\*These statements have not been evaluated  
by the Food and Drug Administration. This  
product is not intended to diagnose, treat,  
cure or prevent any disease.

Questions or comments? 1-800-925-4733

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200 WILMOT RD., DEERFIELD, IL 60015

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FRESHNESS & POTENCY GUARANTEED THROUGH: