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EXOS114PM
LEXOS114PM04

Certified For Sport

Precision Nutrition
approved

SUPPLEMENT FACTS

Serving Size: Three Capsules

Servings Per Container: 30

Three Capsules Contain:	% DV	Three Capsules Contain:	% DV
Vitamin A (600 IU as Beta Carotene and 400 IU as Palmitate)	1,000 IU 20%	Copper (as TRAACS® Copper Bisglycinate Chelate)	750 mcg 38%
Vitamin C (as Ascorbic Acid)	150 mg 250%	Manganese (as TRAACS® Manganese Bisglycinate Chelate)	1.5 mg 75%
Vitamin D3 (as Cholecalciferol)	500 IU 125%	Chromium (as TRAACS® Chromium Nicotinate Glycinate Chelate)	200 mcg 167%
Vitamin E (as d-Alpha Tocopheryl Acid Succinate)	20 IU 67%	Molybdenum (as TRAACS® Molybdenum Glycinate Chelate)	50 mcg 67%
Vitamin K (100 mcg as Vitamin K1 (Phytonadione) and 100 mcg as Vitamin K2 (Menaquinone-4))	200 mcg 250%	Proprietary Blend†	200 mg
Folate (as L-5-Methyltetrahydrofolate from L-5-Methyltetrahydrofolic Acid, Glucosamine Salt)	400 mcg 100%	<i>Magnolia officinalis</i> (bark) extract	**
Biotin	500 mcg 167%	<i>Phellodendron amurense</i> (bark) extract	**
Calcium (as TRAACS® Calcium Bisglycinate Chelate)	50 mg 5%	Choline Citrate	100 mg **
Iodine (as Potassium Iodide)	75 mcg 50%	d-Gamma Tocopherol (from Mixed Tocopherols)	24 mg **
Magnesium (as TRAACS® Magnesium Bisglycinate Chelate)	107 mg 27%	Boron (as Bororganic™ Boron Glycinate Chelate)	2 mg **
Zinc (as TRAACS® Zinc Bisglycinate Chelate)	20 mg 133%	Lutein (from Aztec Marigold extract (flower) (<i>Tagetes erecta</i>))	600 mcg **
Selenium (as L-Selenomethionine)	100 mcg 143%		

**Daily Value (DV) not established.

Other Ingredients: Hypromellose (derived from cellulose) capsule, Microcrystalline Cellulose, Calcium Laurate, Silicon Dioxide.

If pregnant or nursing, do not use this product; otherwise consult your health-care practitioner before using this product.

Tamper Evident: Use only if bottle is sealed. Store tightly sealed in a cool, dry place.



†This product uses Relora® (a proprietary blend of a patented extract from *Magnolia officinalis* bark and a proprietary extract from *Phellodendron amurense* bark). Relora is a registered trademark of InterHealth N.I. Its use in this product is protected by U.S. Patent Nos. 6,582,735 and 6,814,987. Gamma tocopherol does not have a recognized IU equivalent.

POWERED BY THORNE RESEARCH

EXOS®

PERFORMANCE NUTRITION



MULTI-VITAMIN ELITE P.M.

FOUNDATION

DIETARY SUPPLEMENT 90 Vegetarian Capsules

SUGGESTED USE:

Take 3 capsules in the **evening** daily with a meal or as recommended by your health-care or performance professional.

EXOSfuel.com

**Designed to support
better rest and recovery***

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

manufactured for:
THORNE RESEARCH, INC.,
P.O. BOX 25
DOVER, IDAHO 83825
1-800-228-1966