

Prod No. 29579

STORE IN A DRY PLACE AND
AVOID EXCESSIVE HEAT.
TAMPER RESISTANT: DO NOT
USE IF SEAL UNDER CAP IS
BROKEN OR MISSING.

CVS[®]
pharmacy

Compare to
One A Day[®] Women's
Active Mind & Body†

Daily WOMEN'S ACTIVE

**SUPPORTS MENTAL &
PHYSICAL WELL BEING***

100 TABLETS
DIETARY SUPPLEMENT

#713633



B29579 03B

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value	
Vitamin A (as Retinyl Acetate and 10% as Beta-Carotene)	2,500 IU	50%
Vitamin C (as Ascorbic Acid)	60 mg	100%
Vitamin D (as Cholecalciferol)	800 IU	200%
Vitamin E (as dl-Alpha Tocopheryl Acetate)	30 IU	100%
Vitamin K (as Phytonadione)	25 mcg	31%
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	2.4 mg	160%
Riboflavin (Vitamin B-2)	2.7 mg	159%
Niacin (as Niacinamide)	10 mg	50%
Vitamin B-6 (as Pyridoxine Hydrochloride)	3.2 mg	160%
Folic Acid	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	9.5 mcg	156%
Biotin (as d-Biotin)	30 mcg	10%
Pantothenic Acid (as d-Calcium Pantothenate)	5 mg	50%

Other Ingredients: Cellulose (Plant Origin), Cellulose Coating, Croscarmellose, Silica. Contains <2% of: FD&C Yellow #5 Lake, FD&C Yellow #6 Lake, Gelatin, Mannitol, Titanium Dioxide Color, Vegetable Magnesium Stearate.

Directions: For adults, take one (1) tablet daily, preferably with a meal. As a reminder, discuss the supplements and medications you take with your health care providers.

No yeast, wheat, gluten, milk or milk derivatives, lactose, sugar, soy, artificial flavor.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. **KEEP THIS PRODUCT OUT OF REACH OF CHILDREN.** In case of accidental overdose, call a doctor or Poison Control Center immediately.

Amount Per Serving	% Daily Value	
Calcium (as Calcium Carbonate, Dicalcium Phosphate, and d-Calcium Pantothenate)	300 mg	30%
Iron (as Ferrous Fumarate)	18 mg	100%
Magnesium (as Magnesium Oxide)	50 mg	13%
Zinc (as Zinc Oxide)	15 mg	100%
Selenium (as Sodium Selenate)	20 mcg	29%
Copper (as Cupric Oxide)	2 mg	100%
Manganese (as Manganese Sulfate)	2 mg	100%
Chromium (as Chromium Chloride)	120 mcg	100%
Guarana Blend Guarana (<i>Paullinia cupana</i>) (seed) (powder & extract), Caffeine	180 mg	**

**Daily Value not established.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications or planning any medical procedure, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by children.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

†One A Day[®] Women's Active Mind & Body is a registered trademark of Bayer Healthcare LLC. This product is not manufactured, distributed or marketed by Bayer Healthcare LLC.

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