

CVS/pharmacy™

# Biotin 5000 mcg

SKIN &  
HAIR HEALTH\*

Supports Healthy Skin,  
Hair & Nails\*

60  
Capsules

DIETARY  
SUPPLEMENT

**DIRECTIONS:** For adults, take one (1) capsule daily, preferably with a meal. As a reminder, discuss the supplements and medications you take with your health care providers.

## Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	%Daily Value
Biotin 5,000 mcg (5 mg) (as d-Biotin)	1,667%
Calcium 222 mg (as Dicalcium Phosphate and Calcium Carbonate)	22%

**Other Ingredients:** Gelatin (Bovine).  
**Contains <2% of:** Silica, Vegetable  
Magnesium Stearate.

No yeast, wheat, gluten, milk or milk derivatives, lactose, sugar, preservatives, soy, artificial color, artificial flavor, salt.

KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

Biotin supports the metabolism of carbohydrates, fats and proteins for energy use.\* This product is formulated to provide ample amounts of this essential nutrient to maximize its benefits. Biotin also helps to support healthy skin and hair.\*

**WARNING:** If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**Distributed by:**  
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ACTUAL SIZE



Prod. No. 13430  
B13430 02B

3/16" Non-Varnish Area