

PRE-WORKOUT

FOR BEST RESULTS, TAKE TWO (2) TO THREE (3) CAPLETS
ON AN EMPTY STOMACH BEFORE YOUR WORKOUT.

MET-Rx® AMINO 3000

- Specifically formulated for your training regimen.
- Contains all three Branched Chain Amino Acids (BCAAs), as well as other essential Aminos.
- Amino Acids provide crucial building blocks for protein which are important cellular components.*

Directions: For adults, take two (2) to three (3) caplets on an empty stomach before your workout. As a reminder, discuss the supplements and medications you take with your health care providers.

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18.

KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

MET-Rx®**AMINO
3000**

» **CONTAINS ALL THREE BCAAs**
LEUCINE, VALINE, ISOLEUCINE

180 CAPLETS

DIETARY SUPPLEMENT

**SPECIALTY
SUPPLEMENT****Supplement Facts**

Serving Size 3 Caplets
Servings Per Container 60

Amount Per Serving	%Daily Value
Calories	10
Protein	3g 6%**
Vitamin C	30mg 50%
Sodium	20mg 1%

Amino 3000 Blend

contains the following amino acids (approximate amounts):

L-Alanine	229mg	***
L-Arginine	210mg	***
L-Aspartic Acid	122mg	***
L-Glutamic Acid	273mg	***
L-Glycine	636mg	***
****L-Histidine	24mg	***
L-Hydroxylysine	40mg	***
L-Hydroxyproline	335mg	***
****L-Isoleucine	32mg	***
****L-Leucine	70mg	***
****L-Lysine	90mg	***
****L-Methionine	24mg	***
****L-Phenylalanine	43mg	***
L-Proline	374mg	***
L-Serine	92mg	***
****L-Threonine	51mg	***
L-Tyrosine	16mg	***
****L-Valine	60mg	***
L-Ornithine HCl	45mg	***

**Percent Daily Values are based on a 2,000 calorie diet.

***Daily Value not established.

****Essential Amino Acids

Ingredients: Hydrolyzed Gelatin (Collagen), Cellulose (Plant Origin), Croscarmellose, Silica, L-Ornithine Hydrochloride, Ascorbic Acid, Vegetable Magnesium Stearate.

MET-Rx®**YOU CAN'T FAKE STRONG®**

Manufactured in the USA by
MET-Rx Nutrition, Inc.
Boca Raton, FL 33487
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Questions? Call toll free
1-800-55-MET-Rx
To learn more, please go to
www.MET-Rx.com

