


**CVS/pharmacy**<sup>®</sup>

Natural 

# Lecithin 1200 mg

**NERVOUS SYSTEM  
HEALTH\***

**Supports Heart Health\***

**250  
Softgels**

DIETARY  
SUPPLEMENT

**DIRECTIONS:** For adults, take one (1) softgel five times daily, preferably with meals. As a reminder, discuss the supplements and medications you take with your health care providers.

## Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	%Daily Value	
Calories	+ 10	
Calories from Fat	+ 10	
Total Fat	1 g	1%**
Soy Lecithin $\Delta$	1,200 mg (1.2 g)	***

\*\*Percent Daily Values are based on a 2,000 calorie diet.

\*\*\*Daily Value not established.

**Ingredients:** Soy Lecithin, Gelatin (Bovine), Glycerin.

**No yeast, wheat, gluten, milk or milk derivatives, lactose, sugar, preservatives, artificial color, artificial flavor, salt.**

Lecithin is an important natural source of Choline, a compound that is vital for cell growth and nerve cell health.\*

**WARNING:** If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

**KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.**

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**Distributed by: CVS/pharmacy, Inc.**  
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Money Back Guarantee

ACTUAL SIZE



Prod. No.  
319  
B300 08C

3/16" Non-Varnish Area