

Directions for use: As a dietary supplement, take 4 tablets daily, for best results, take 2 tablets with breakfast and 2 tablets with lunch.

CAUTION: Do not use while pregnant or lactating or provide it to a child without consulting a physician. Do not take if you are allergic to any of the ingredients. **Keep out of reach of children.**

DO NOT USE IF SAFETY SEAL IS BROKEN OR MISSING.

GUARANTEE: This product contains no sugar, salt, wheat, corn, soy or dairy products. No preservatives, artificial colors or flavors. Do not expose to excessive heat or cold

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Manufactured by.
SUN TEN LABORATORIES®,
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Yang Essentials

Daytime Nourishment for
Yang Replenishment and Balance**

**** This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Dietary Supplement

120 TABLETS

Supplement Facts

Serving Size: 4 Tablets

Serving Per Container: 30

Amount Per Serving %DV			Amount Per Serving %DV		
Vitamin C (as ascorbic acid)	100 mg	167%	Eleuthero root & rhizome 50:1 extract	150 mg	*
Vitamin D3 (as cholecalciferol)	100 IU	25%	Epimedium whole herb 7:1 extract	150 mg	*
Vitamin E (as d-alpha tocopherol succinate)	200 IU	667%	Astragalus root 10:1 extract	150 mg	*
Vitamin B1 (as thiamine mononitrate)	10 mg	667%	Turmeric root	125 mg	*
Vitamin B2 (as riboflavin)	12 mg	706%	Three ginseng extract blend	100 mg	*
Vitamin B3 (as niacinamide)	25 mg	125%	Asian ginseng root extract, Eleuthero root & rhizome extract, American ginseng root		
Vitamin B6 (as pyridoxine HCl)	25 mg	1250%	extract, Chinese salvia root & rhizome extract		
Folate (as folic acid)	400 mcg	100%	Chlorella (cracked cell)	25 mg	*
Vitamin B12 (as cyanocobalamin)	500 mcg	8333%	Citrus bioflavonoids complex	50 mg	*
Biotin	300 mcg	100%	Chinese hawthorn fruit 4:1 extract	50 mg	*
Vitamin B5 (as calcium d-pantothenate)	50 mg	500%	Choline (as choline bitartrate)	35 mg	*
Calcium (as calcium amino acid chelate)	150 mg	15%	Inositol	35 mg	*
Iron (as ferrochel amino acid chelate)	9 mg	50%	Acetyl-L-Carnitine	25 mg	*
Iodine (as potassium iodide)	225 mcg	150%	Green tea extract 50% polyphenols	25 mg	*
Magnesium (as magnesium amino acid chelate)	100 mg	25%	DMAE (as DMAE bitartrate)	25 mg	*
Chromium (as chromium amino acid chelate)	200 mcg	167%	Ginkgo biloba extract	20 mg	*
Molybdenum (as molybdenum amino acid chelate)	30 mcg	40%	24% Ginkgosides 6% Triterpenes		
Potassium (as potassium amino acid chelate)	99 mg	3%	L-Glutathione	20 mg	*
Fruit Phytonutrient complex	250 mg	*	Boron (as boron amino acid complex)	1 mg	*
Apple fruit, Banana fruit, Cherry fruit, Grape fruit, Pineapple fruit and Blueberry fruit			Black pepper extract	1 mg	*
			Vanadium (as vanadium amino acid chelate)	30 mg	*

* Daily Value (DV) not established

Other Ingredients: Cellulose, stearic acid, silicon dioxide, croscarmellose sodium, magnesium stearate, dicalcium phosphate, hydroxypropyl methylcellulose