

CVS Spectravite Energy Metabolism

Spectravite Energy Metabolism, Advanced Active Formula, Tablets

Weight: 60 tablets

Directions

Adults - Take one tablet daily with food. Not formulated for use in children. As with any supplement, if you are pregnant or nursing a baby, if you are taking medication, have a medical condition or are planning any medical procedure, ask a doctor before using this product. Store at room temperature. Keep bottle tightly closed.

Product Details

Multivitamin/Multimineral Herbal Supplement. Compare to Centrum Performance ingredients (This product is not manufactured or distributed by Wyeth Consumer Healthcare, marketer of Centrum Performance). Helps support energy metabolism. B vitamins help convert food to fuel for the body. Formulated support for the active individual with the added benefits of a complete multivitamin (32 nutrients). Energy Metabolism: B vitamins help convert food to fuel for the body. Heart Health: Vitamins C, E B6, B12 & folic acid help support a healthy heart. Overall Health: Formulated with key nutrients to help meet daily nutritional needs. CVS quality. Please recycle. (These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.)

Nutrition Facts

Serving size: 1 tablet

Servings per container: 60

Nutrient	Qty	%DV
Potassium	80 mg	2%
Vitamin C	120 mg	200%
Calcium	100 mg	10%
Iron	18 mg	100%
Vitamin D	400 IU	100%
Vitamin E	60 IU	200%
Biotin	50 mcg	17%
Chloride	72 mg	2%
Chromium	120 mcg	100%
Copper	0.9 mg	45%
Iodine	150 mcg	100%
Magnesium	40 mg	10%
Manganese	4 mg	200%
Molybdenum	75 mcg	100%
Pantothenic Acid	12 mg	120%
Phosphorus	48 mg	5%
Selenium	70 mcg	100%
Vitamin B12	18 mcg	300%
Vitamin B6	6 mg	300%

Ingredients

Dicalcium Phosphate, Potassium Chloride, Ascorbic Acid (Vit. C), Calcium Carbonate, Microcrystalline Cellulose, Magnesium Oxide, DL-Alpha Tocopheryl Acetate (Vit. E), Gelatin, Ferrous Fumarate, Niacinamide, Croscarmellose Sodium, Maltodextrin, Panax Ginseng Standardized Extract, Stearic Acid, Calcium Silicate, Polyvinyl Alcohol, Calcium Pantothenate, Zinc Oxide, Manganese Sulfate, Silicon Dioxide, Pyridoxine Hydrochloride (Vit B6), Polyethylene Glycol, Titanium Dioxide, Magnesium Stearate, Thiamin Mononitrate (Vit B1), Riboflavin (Vit B2), FD&C Yellow 6 Lake, Talc, Cupric Sulfate, Vitamin A Acetate, Chromium Picolinate, Beta-Carotene, Sodium Borate, Folic Acid, Sodium Molybdate, Potassium Iodide, Sodium Selenate, Sodium Metasilicate, Biotin, Phytonadione (Vit K), Nickel Sulfate, Sodium Metavanadate, Stannous Chloride, Cyanocobalamin (Vit B12), Cholecalciferol (Vit D3).

Warnings

Do not use if printed seal under cap is broken or missing. Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a Poison Control Center immediately. Important Information: Long-term intake of high levels of vitamin A (excluding that sourced from beta-carotene) may increase the risk of osteoporosis in adults. Do not take this product if taking other vitamin A supplements.

Manufacturer

CVS

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UPC

050428455784

Zinc	11 mg	73%
Boron	60 mcg	
Nickel	5 mcg	
Silicon	4 mg	
Tin	10 mcg	
Vanadium	10 mcg	
Riboflavin	5.1 mg	300%
Thiamin	4.5 mg	300%
Folic Acid	400 mcg	100%
Vitamin A (29% as Beta Carotene)	3500 IU	70%
Vitamin K	25 mcg	31%
Niacin	40 mg	200%
Asian Ginseng Root (Panax Ginseng) Standardized Extract	50 mg	