

Directions: For adults, take three (3) tablets daily, preferably before meals.

No Egg, No Sugar, No Preservatives, No Artificial Flavor.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications, planning any medical or surgical procedure or have any medical condition, consult your doctor before use. Avoid this product if you are allergic to bees, bee products, sunflower or dairy-like flowers. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

Pyrogeno® is a reg. TM of Hophag Research Ltd. Use of this product may be protected by one or more U.S. patents and other international patents.

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Carefully Manufactured by AMERICAN HEALTH, INC.
Ronkonkoma, NY 11779 U.S.A. 800-445-7137

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AMERICAN HEALTH

More
THAN A MULTIPLE™
WHOLE FOOD
CONCENTRATES
IRON-FREE/VEGETARIAN FORMULA

**TIMED
RELEASE**

**LIPOTROPIC & ENZYME FACTORS
HERBS & TRACE MINERALS
VITAMINS & MINERALS**

90 TABLETS DIETARY SUPPLEMENT

Supplement Facts

Amount Per Serving	%Daily Value
Serving Size 3 Tablets Servings Per Container 30	
Vitamin A (as Beta-Carotene)	10,000 IU 200%
Vitamin E	500 mg 833%
(as Ascorbic Acid and Ester-C® Calcium Ascorbate)	400 IU 100%
Vitamin D (as D3 Cholecalciferol)	400 IU 100%
Vitamin C	200 IU 667%
(as 4-Alpha Tocopheryl Acid Succinate)	
Thiamin (Vitamin B-1)	37.5 mg 2,500%
Riboflavin (Vitamin B-2)	37.5 mg 2,206%
(as Riboflavin 5-Phosphate)	
Niacin (as Nicotinamide)	37.5 mg 188%
Vitamin B-6 (as Pyridoxine Hydrochloride)	37.5 mg 1,875%
Folic Acid	400 mcg 100%
Vitamin B-12 (as Cyanocobalamin)	37.5 mg 625%
Biotin (as D-Biotin)	400 mcg 133%
Pantothenic Acid	37.5 mg 375%
(as Calcium Pantothenate)	
Calcium	500 mg 50%
(as Calcium Carbonate and Calcium Citrate)	
Iodine (as Kelp)	75 mcg 50%
Magnesium	250 mg 63%
(as Magnesium Oxide and Magnesium Citrate)	
Zinc (as Zinc Citrate)	25 mg 167%
Selenium (as Selenomethionine)	50 mcg 71%
Copper (as Copper Gluconate)	1 mg 50%
Manganese (as Manganese Gluconate)	5 mg 250%
Chromium (as Chromium Picolinate)	50 mcg 42%
Potassium (as Potassium Citrate)	49.5 mg 1%
Boron (as Boron Citrate)	
Methionine	18.75 mg
Inositol	37.5 mg
PABA (Para-Aminobenzoic Acid)	37.5 mg
Choline Bitartrate	37.5 mg
Rutin	25 mg
Citrus Bioflavonoids (Citrus limon, Citrus sinensis)	150 mg
(fruit and peel)	
Hesperidin (Citrus spp.) (peel)	25 mg
Betaine Hydrochloride	25 mg
Bromelain	8.25 mg
Papain	8.25 mg
Eleuthero Root (Eleutherococcus senticosus)	25 mg
L-Glutamine	10 mg
Taurine	5 mg
Probiotic Complex (L. acidophilus, L. bulgaricus and B. bifidum)	12.5 mg

Other Ingredients: Vegetable Cellulose, Calcium Silicate, Vegetable Stearic Acid, Vegetable Magnesium Stearate, Red Cabbage, Tomato Dried Glaze, Natural Palm Stearic Acid, Confectioner's Sugar, Natural Flavors, Natural Sweeteners.

Amount Per Serving

Chromium (as Chromium Picolinate)	50 mcg	250%
Potassium (as Potassium Citrate)	400 mg	40%
Biotin (as Biotin Citrate)	1 mg	
Methionine	18.75 mg	
PABA (Para-Aminobenzoic Acid)	37.5 mg	
Choline Bitartrate	37.5 mg	
Rutin	25 mg	
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