

THE
CHEAT
SYSTEM DIET

NET WT. 44.6 OZ. (2 LB. 14.6 OZ.) 1,320 G.

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: Two Level Scoops (44 g)

Servings Per Container: 30

Two Level Scoops (44 g) Contain:			% DV		Two Level Scoops (44 g) Contain:			% DV	
Calories	160		Vitamin B12 (as Methylcobalamin)	9 mcg	150%	Bamboo Fiber	*		
Calories from Fat	45		Biotin	150 mcg	50%	Pea Fiber	*		
Calories from Saturated Fat	10		Pantothenic Acid (as Calcium Pantothenate)	5 mg	50%	Flax Seed Powder	*		
Total Fat	5 g	8%*	Calcium (as Calcium Malate)	25 mg	2%	Apple Fiber	*		
Saturated Fat	1 g	5%*	Iodine (as Potassium Iodide)	75 mcg	50%	Proprietary Blend (Fruits)	220 mg		
Total Carbohydrate	13 g	4%*	Magnesium (as Magnesium Malate)	25 mg	6%	Raspberry (Berry)	*		
Dietary Fiber	6 g	24%*	Zinc (as TRAACS® Zinc Bisglycinate Chelate)††	7.5 mg	50%	Apricot (Edible Fruit)	*		
Soluble Fiber	5 g	**	Selenium (as L-Selenomethionine)	35 mcg	50%	Mango (Edible Fruit)	*		
Insoluble Fiber	1 g	**	Copper (as TRAACS® Copper Bisglycinate Chelate)††	1 mg	50%	Pineapple (Edible Fruit)	*		
Sugars	4 g	**	Manganese (as TRAACS® Manganese Bisglycinate Chelate)††	1 mg	50%	Proprietary Blend (Vegetables)	100 mg		
Protein	22 g	45%*	Chromium (as TRAACS® Chromium Nicotinate Glycinate Chelate)††	60 mcg	50%	Carrot	*		
Vitamin A (as Palmitate)	2,500 IU	50%	Molybdenum (as TRAACS® Molybdenum Glycinate Chelate)††	37.5 mcg	50%	Broccoli	*		
Vitamin C (as Sodium Ascorbate)	30 mg	50%	Sodium (as Sodium Citrate and Sodium Chloride)	220 mg	9%	Cabbage	*		
Vitamin D (as Vitamin D2)	600 IU	150%	Potassium (as Potassium Citrate)	110 mg	3%	Beet	*		
Vitamin E (from Mixed Tocopherols)	15 IU	50%				Spinach	*		
Thiamin (as Thiamin HCl)	750 mcg	50%	Proprietary Blend (Proteins)	25.5 g		Proprietary Blend (Digestive Enzymes)	100 mg	*	
Riboflavin			Pea Protein Isolate		**	Proprietary Blend (Probiotics)†††	5 mg		
(as Riboflavin 5'-Phosphate Sodium)	850 mcg	50%	Chia Protein		**	<i>Lactobacillus acidophilus</i>	*		
Niacin (as Niacinamide)	10 mg	50%	Chlorella Protein		**	<i>Bifidobacterium lactis</i>	*		
Vitamin B6 (as Pyridoxal 5'-Phosphate)	1 mg	50%	Proprietary Blend (Fibers)	4.6 g					
Folate (as L-5-Methyltetrahydrofolate† from L-5-Methyltetrahydrofolic Acid, Glucosamine Salt)	200 mcg	50%	Inulin (from Chicory)		**				

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value (DV) not established.

Other Ingredients: Organic Cane Juice Sugar, Sunflower Oil, Flavors, Medium Chain Triglyceride Oil, Stevia extract (leaf) (Rebaudioside A 95%), Xanthan Gum.

Suggested Use: Mix two level scoops with 8-10 oz. of water, juice, or preferred beverage daily or as recommended by your health-care practitioner.

Manufactured For:
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Tamper Evident: Use only if bottle is sealed.

If pregnant, consult your health-care practitioner before using this product.

Store tightly sealed in a cool, dry place.

†This product uses Gnosis S.p.A.'s L-5-Methyltetrahydrofolic Acid, Glucosamine Salt (Quatrefolic®). Quatrefolic is a registered trademark of Gnosis S.p.A. ††This product uses Albion's TRAACS® Chromium Nicotinate Glycinate Chelate, Copper Bisglycinate Chelate, Manganese Bisglycinate Chelate, Molybdenum Glycinate Chelate, and Zinc Bisglycinate Chelate. TRAACS is a registered trademark of Albion International, Inc. †††Typically provides 500 million organisms.

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