

**BODYBUILDING.COM L-CARNITINE****SUPPORT OVERALL HEALTH\***

L-Carnitine may play a crucial role in overall health. In the body carnitine facilitates the transfer of fatty acids into the mitochondria where they are used for cellular energy production.

**DIRECTIONS:**

**Weight Management:** Take 1 capsule 4 times per day with or without food for a total of 2g Carnipure™ daily. For best results use in conjunction with a reduced calorie diet and exercise.

**Exercise Recovery:** Take 2 capsules with or without food both before and after your workout for a total of 2g Carnipure™ daily.

**WARNINGS:**

This product contains chemicals known to the State of California to cause cancer, birth defects, or other reproductive harm.



Carnipure™ offers purest L-carnitine and is a trademark of Lonza Ltd, Switzerland.

\* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.



BBCOM613 • 290616 • V10

**180  
CAPSULES**



BODYBUILDING.COM™

**L-CARNITINE**  
SPORTS NUTRITION

**500MG**  
L-CARNITINE

**DIETARY SUPPLEMENT**

**Supplement Facts**

Serving Size: 1 Capsule

Servings Per Container: 180

Amount per serving

L-Carnitine L-Tartrate 500 mg\*\*  
(Carnipure™)

\*\*Daily Value not established.

**OTHER INGREDIENTS:** Gelatin, silica and magnesium stearate.

**ALLERGEN INFORMATION:** This product is manufactured in a facility that uses materials containing milk, soy, wheat, egg, fish and shellfish.

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This product was produced in a GMP facility. Good Manufacturing Practices, or GMPs, are a set of standards which ensure the purity and proper labeling of dietary supplements.

Distributed by:



BODYBUILDING.COM™

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