

SAFETY SEALED. DO NOT USE IF
PRINTED SEAL UNDER CAP IS
CUT, TORN, OR MISSING.

exchange
select™

VITAMIN D₃ 5000 IU



BONE/JOINT HEALTH*

• PROMOTES STRONG
HEALTHY BONES*

100 SOFTGELS
DIETARY SUPPLEMENT

quality
value

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	% Daily Value
Vitamin D ₃ 5000 IU	1250%

INGREDIENTS: Safflower Oil, Gelatin, Glycerin, Purified Water USP. Contains 2% or less of cholecalciferol, *d*-alpha tocopherol, medium chain triglycerides.

Directions: Adults - Take one softgel daily with food as a dietary supplement.

Keep out of the reach of children.
Store at 15° - 30° C (59° - 86° F).

NO ARTIFICIAL COLORS OR FLAVORS
NO GLUTEN • NO LACTOSE

Vitamin D₃ helps the body absorb calcium and is known for its beneficial effects on strong healthy bones.*

Warning: Pregnant or nursing women, individuals taking medication(s) or persons who have a health condition should consult their physician before using this product.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**"SATISFACTION GUARANTEED
OR YOUR MONEY BACK."**

Manufactured for:
Your Military Exchanges By:
International Vitamin Corporation
Freehold, NJ 07728
1-866-927-5470

FRESHNESS AND POTENCY GUARANTEED THROUGH:

136908-01
518191
USA646869