

Meeting daily calcium requirements is important to maintain bone density and strength. In addition, an adequate supply of magnesium is vital to healthy bones and teeth. These two minerals also support muscle and nerve function. Our **Cal-Mag Citrate Complex** includes citrate and ascorbate forms of calcium, plus vitamin D3 for higher absorbability.[†]

**WE GUARANTEE OUR SUPPLEMENTS
FOR POTENCY AND PURITY**

To report a serious adverse event, call 1-888-710-0006

[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Vegetarian
CAL-MAG
CITRATE COMPLEX
With Vitamin D3

Helps Maintain Bone Density and Strength[†]

Dietary Supplement

100 VEGETARIAN TABLETS



Supplement Facts

Serving Size 4 Tablets

Servings Per Container 25

Amount Per Serving

% Daily Value

Calcium

(from calcium citrate, ascorbate)

1,000 mg

100%

Vitamin D3 (as cholecalciferol)

400 IU

100%

Magnesium

(from magnesium oxide, citrate)

500 mg

125%

Other Ingredients: Cellulose, modified cellulose gum, silica, stearic acid (vegetable source), magnesium stearate (vegetable source), and glycerin.

SUGGESTED USE: Take four tablets daily with food.

CONTAINS NO artificial colors, flavors or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, soy, crustacean shellfish or fish.

KEEP OUT OF REACH OF CHILDREN.

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8

7