

Solgar's Magnesium Citrate Tablets are free of yeast, wheat, soy, gluten and dairy products and are formulated without the use of artificial preservatives or flavors.

To assure freshness and potency, store at room temperature 59°-86°F (15°-30°C). Store away from heat, light and moisture.

Solgar's KOF-K certification #K-1250

DO NOT USE IF OUTER BOTTLE SEAL IS MISSING, TORN OR DAMAGED IN ANY WAY.

For more information, call toll-free

1-877-SOLGAR 4

www.solgar.com



MAGNESIUM CITRATE

HIGHLY ABSORBABLE
DIETARY SUPPLEMENT

60 TABLETS
SUITABLE FOR VEGETARIANS
SUGAR, SALT AND STARCH FREE



Supplement Facts

Serving Size: 1 Tablet

Amount Per Serving		%DV
Magnesium (as magnesium citrate)	200 mg	50%

DV = Daily Value

Other Ingredients: Microcrystalline Cellulose, Vegetable Cellulose, Dicalcium Phosphate, Silica, Vegetable Magnesium Stearate, Titanium Dioxide, Vegetable Glycerin.

SUGGESTED USE: As a dietary supplement for adults, take one (1) tablet daily, preferably at mealtime, or as directed by a healthcare practitioner.

If you are pregnant, nursing, taking any medication or have a medical condition, please consult your healthcare practitioner before taking any dietary supplement.

Keep out of reach of children.

Solgar's Magnesium Citrate offers a high potency source of the essential mineral magnesium in its highly absorbable citrate form.

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CAREFULLY MANUFACTURED BY:

SOLGAR, INC., 500 WILLOW TREE ROAD, LEONIA, N.J. 07605 U.S.A.

