

GNC Triple Strength Omega Complex contains 1406 mg of fish oil in each serving, including 1605 mg of omega-3, 6 and 9 fatty acids to promote heart, joint, brain, eye and skin health.* Each softgel capsule is lemon flavored which helps control or reduces fishy burps.

A landmark study involving over 11,000 participants has confirmed the major benefits of fish oil on cardiovascular health. The omega-3 fatty acids found in fish oil are necessary for heart health.* They help support normal, healthy cholesterol levels and are necessary in the maintenance of normal blood pressure.* Individually, EPA is important for circulatory system health, and DHA provides support for healthy triglyceride levels.*

In addition to the numerous heart health benefits, fish oil also:

- Supports joint, brain, eye and skin health.*
- Supports the body's natural anti-inflammatory response*
- Supplies DHA which is required for optimal eye and brain function*



GNC Triple Strength Omega Complex has been purified and manufactured for freshness. Five separate purification processes are used until each batch of fish oil in our products is found to be free of detectable levels of mercury, cadmium, lead and PCBs. We use only the best quality ingredients derived from wild, deep ocean fish.

GNC

TRIPLE STRENGTH OMEGA COMPLEX

DIETARY SUPPLEMENT

- 1400 mg of fish oil in each serving to promote heart, joint, brain, eye & skin health*
- Features 330 mg of added GLA & OMEGA-9 fatty acids for overall cardiovascular support*
- Supports the body's natural anti-inflammatory response*

*Lemon Flavored to
Control Fishy Burps**



90 SOFTGELS

CODE 764712

Directions: As a dietary supplement, take three softgel capsules daily with food.

Supplement Facts

Serving Size Three Softgel Capsules
Servings Per Container 30

Amount Per Serving	% Daily Value
Calories	30
Calories from Fat	30
Total Fat	3.5 g 5%†
Total Fish Oil	1406 mg *
EPA (Eicosapentaenoic Acid)(Omega-3)	647 mg *
DHA (Docosahexaenoic Acid)(Omega-3)	253 mg *
ALA (alpha-Linolenic Acid)(Omega-3)	375 mg *
GLA (gamma-Linolenic Acid)(Omega-6)	180 mg *
Oleic Acid (Omega-9)	150 mg *

† Percent Daily Value based on a 2,000 calorie diet.

* Daily Value not established.

Ingredients: Fish Body Oil, Borage Oil, Flax Seed Oil, Gelatin, Glycerin, Olive Oil, Caramel Color, Natural Lemon Flavor.

Conforms to USP <2091> for weight. Meets USP <2040> disintegration.

No Sugar, No Starch, No Artificial Colors, No Artificial Flavors, No Preservatives, No Wheat, No Gluten, No Corn, No Soy, No Dairy, Yeast Free.

KEEP OUT OF REACH OF CHILDREN.

Store in a cool, dry place.

To ensure a complete nutritional program, take daily with these GNC products:

- GNC Multivitamin
- Ultra Probiotic Complex
- TriFlex™
- CoQ-10

For More Information:
1-888-462-2548

SHOP NOW @ GNC.COM

Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222



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GNC QUALITY COMMITMENT

For more than 78 years, GNC has been the leader in the development of superior nutritional supplements. Our products are produced using only fresh, high-quality ingredients and are manufactured under the strictest quality controls.

GNC GUARANTEE

If you are not 100% completely satisfied, return the unused portion of the product with your receipt to a GNC store within 30 days. Our trained sales staff will either refund your purchase price or, if you prefer, assist you in finding a replacement product to help you LIVE WELL.



Please recycle this box.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.