

Supplement Facts

Serving Size: 1 Packet (26.9 g)

Servings Per Container: 12 Single-Serving Packets

Each Packet (26.9 g) Contains:		% DV
Calories	100	
Calories from Fat	5	
Total Fat	0.5 g	1%*
Saturated Fat	0 g	0%
Trans Fat	0 g	**
Cholesterol	10 mg	3%*
Total Carbohydrate	3 g	1%*
Dietary Fiber	1 g	4%*
Sugars	3 g	**
Protein	21 g	42%*
Calcium	65 mg	7%
Iron	0 mg	2%
Sodium	75 mg	3%
Potassium	70 mg	2%
Proprietary Blend	30 mg	
Bromelain†		**
Papain††		**

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value (DV) not established.

Other Ingredients: Whey Protein Isolate, Flavors, Sunflower Lecithin, Evaporated Cane Juice Sugar, Carboxymethylcellulose Gum, Xanthan Gum, Stevia extract (leaf) (Rebaudioside A 95%).

Contains ingredient derived from milk (whey protein isolate).

Manufactured For: Thorne Research, Inc.
P.O. Box 25, Dover, Idaho 83825 USA
1-800-228-1966 www.thorne.com

Typical Amino Acid Amounts (g)

Per Serving:

Alanine	1.0
Arginine	0.6
Aspartic Acid	2.1
Cysteine	0.5
Glutamic Acid	3.6
Glycine	0.4
Histidine ▲	0.4
Isoleucine ▲	1.2
Leucine ▲	2.2
Lysine ▲	1.9
Methionine ▲	0.5
Phenylalanine ▲	0.7
Proline	1.2
Serine	1.1
Threonine ▲	1.4
Tryptophan ▲	0.4
Tyrosine	0.6
Valine ▲	1.2

▲ Essential Amino Acid



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SP111C
CTNSP111C01



Suggested Use: Mix packet with at least 8 oz. of water, juice, or preferred beverage daily or as recommended by your health-care practitioner.

Tamper Evident: Use only if packet is sealed. Store sealed in a cool, dry place.

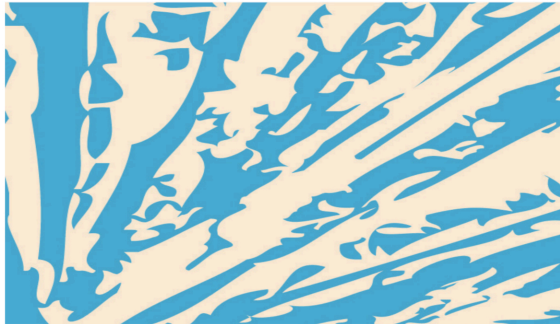
If pregnant, consult your health-care practitioner before using this product.

†Bromelain is derived from the pineapple plant (*Ananas comosus*).

†† An enzyme derived from Papaya (*Carica papaya*).

THORNE

R E S E A R C H



WHEY PROTEIN ISOLATE

VANILLA FLAVORED

Non-Denatured • rBGH-Free • No Artificial Sweeteners

12 SINGLE-SERVING PACKETS

DIETARY SUPPLEMENT