

DIRECTIONS: (Adult) Take two (2) tablets in the morning and two (2) tablets in the afternoon with food and a full glass of water.

Supplement Facts

Serving Size: 2 Tablets
Servings per Container: 20

	Amount per Serving	% Daily Value
Garcinia (Garcinia cambogia) extract (50% HCA)(fruit)	1200 mg	†

†Daily Value not established

Other Ingredients: Microcrystalline cellulose, dibasic calcium phosphate, croscarmellose sodium, silicon dioxide, magnesium stearate, stearic acid, sodium carboxymethylcellulose, dextrose, soy lecithin, sodium citrate and dextrin.

Contains: Soy

Usage Warnings: Do not use if safety seal is broken. Check with your doctor before using this product if you are using medication or have any medical conditions, including digestive disorders. Do not use if you may become pregnant, are pregnant or nursing. Do not exceed recommended daily intake. Not intended for use by persons under 18. **KEEP OUT OF REACH OF CHILDREN.** Store in a cool, dry place.

WARNING: (State of California Prop 65) This product contains a chemical known to the State of California to cause birth defects or other reproductive harm.

*Diet & Exercise Plan available online at:
www.AppliedNutrition.com/deplan

QUESTIONS: Contact Consumer Affairs
Questions@AppliedNutrition.com

DISTRIBUTED, FORMULATED AND QUALITY TESTED by:
Applied Nutrition™ P.O. Box 66457, Los Angeles, CA 90066

HOW DOES GARCINIA WORK?

Garcinia Body-Fat Reduction Diet™ delivers a concentrated Garcinia extract that is standardized to 50% HCA. HCA (hydroxycitric acid) is a compound that targets fat production in the body.* Emerging research demonstrates that HCA inhibits a portion of the body's citrate lyase (an enzyme responsible for converting carbohydrates into fat).*

When used in conjunction with a sensible diet and exercise plan[†], **Garcinia Body-Fat Reduction Diet™** can help support healthy weight management.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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Why are People Talking about this Amazing Fruit?

Garcinia is a small pumpkin-shaped fruit native to Indonesia. It supplies a unique compound called hydroxycitric acid (HCA) that targets fat production in the body.* Emerging research demonstrates that HCA inhibits a portion of the body's citrate lyase (an enzyme responsible for converting carbohydrates into fat).*

Applied Nutrition™ is committed to developing science-based products that exceed the highest standards for quality and purity. As a leader in innovation, we continuously strive to bring forward new ideas and groundbreaking formulas that enhance health and well-being. To view our entire line of products, please visit us online at:

www.AppliedNutrition.com

STANDARDIZED PURE EXTRACT

GARCINIA

Body-Fat Reduction Diet™

Targets Fat Production and Carb Conversion in the Body.*

40 Tablets

DIETARY SUPPLEMENT



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