

**CITRUS
FLAVOR**

Body Essential[®] silica Gel

Hair, Skin, Nails & Connective Tissue*

*This statement has not been evaluated by the Food & Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.

MINERAL SUPPLEMENT • 7 FL OZ (200 mL)

LN60000200.01F (C7656)

Supplement Facts

Serving Size 1 Tablespoon / Servings Per Container 13

Amount Per Serving	% Daily Value	
Calories	5	
Sodium	40 mg	2%†
Silica	420 mg	**

†Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established.

Other Ingredients: Deionized Water, Glycerin, Citric Acid, Sodium Citrate, Guar Gum, Potassium Sorbate, Sodium Benzoate

Recommendation: Adults and children over 12 years of age take 1 tablespoon daily. May be diluted in water or juice.

Shake well before use. Refrigerate after opening, but not below 40°F (4°C). Keep cap tightly closed. Safety sealed for your protection. Do not use if seal under cap is broken or missing. **Keep out of reach of children.**

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Questions? 1-800-9NATURE or visit naturesway.com. Made in USA

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Lot No.

Exp.