

DAILY
NUTRITION

MET-Rx® SUPER JOINT GUARD

HEAVY LIFTING PUTS EXTREME STRESS ON YOUR MUSCLES AND JOINTS, WHICH IS WHY IT'S ESSENTIAL TO PROVIDE YOUR BODY WITH THE FIREPOWER IT NEEDS TO COME BACK BIGGER AND STRONGER.

SPECIFICALLY DESIGNED FOR BODYBUILDERS AND ATHLETES, MET-Rx® SUPER JOINT GUARD COMBINES TIME-TESTED NUTRIENTS TO HELP SUPPORT JOINT CARTILAGE, MOBILITY AND OVERWORKED JOINTS.* EACH SERVING PROVIDES IMPORTANT COMPONENTS FOUND WITHIN THE JOINT STRUCTURE — SUCH AS GLUCOSAMINE, ALONG WITH OMEGA 3 & 6 FATTY ACIDS.

IF YOU TAKE A PROTEIN SUPPLEMENT EVERY DAY TO BUILD YOUR MUSCLES, MAKE SURE TO STACK IT WITH SUPER JOINT GUARD TO HELP SUPPORT YOUR CARTILAGE — SO YOU CAN UNLEASH THE PAIN ON THE WEIGHTS, NOT ON YOUR JOINTS.*

Directions: For adults, take four (4) softgels once daily, preferably with a meal. As a reminder, discuss the supplements and medications you take with your health care providers.

WARNING: If you are pregnant, nursing, taking any medications, including blood thinners, planning any medical or surgical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Individual results may vary.

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» **SUPER JOINT GUARD BLEND TO HELP
SUPPORT CARTILAGE***

GLUCOSAMINE, CHONDROITIN, MSM

» **ULTRA OMEGA 3-6-9 BLEND**

FLAXSEED, FISH OIL, EVENING PRIMROSE OIL

120 **RAPID RELEASE
SOFTGELS**

DIETARY SUPPLEMENT

Supplement Facts

Serving Size 4 Softgels
Servings Per Container 30

Amount Per Serving	%Daily Value
Calories	45
Calories from Fat	25
Total Fat	2.5 g 4% **
Saturated Fat	0 g 0% **
Polyunsaturated Fat	0 g ***
Monounsaturated Fat	0 g ***
Total Carbohydrate	3 g 1% **
Protein	2 g 5% **
Vitamin C (as Ascorbic Acid)	80 mg 133%
Vitamin E (as dl-Alpha Tocopheryl Acetate)	13 IU 43%
Manganese (as Manganese Aspartate)	4 mg 200%
Sodium	10 mg 1%

Super Joint Guard Proprietary Blend 2,800 mg (2.8 g) ***

Glucosamine HCl, MSM (Methylsulfonylmethane), ***

Chondroitin Sulfate ***

Ultra Omega 3-6-9 Proprietary Blend 360 mg ***

Flaxseed Oil, Fish Oil, Evening Primrose Oil (seed) ***

Typical Fatty Acid Profile:

Omega-3 ***

125 mg of Total Omega-3 Fatty Acids comprising of: ***

Eicosapentaenoic Acid (EPA) ***

Docosahexaenoic Acid (DHA) ***

Alpha Linolenic Acid (ALA) ***

Other Fatty Acids ***

Omega-6 ***

43 mg of Total Omega-6 Fatty Acids comprising of: ***

Linoleic Acid ***

Gamma Linolenic Acid (GLA) ***

Omega-9 ***

20 mg of Total Omega-9 Fatty Acids comprising of: ***

Oleic Acid ***

Boron (as Boron Citrate) 4 mg ***

***Percent Daily Values are based on a 2,000 calorie diet.

***Daily Value not established.

Other Ingredients: Soybean Oil, Gelatin, Glycerin, Soy Lecithin, Caramel Color. Contains soy, fish (anchovy, mackerel, sardine) and shellfish (shrimp, crayfish, lobster, crab) ingredients.

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MET-Rx

YOU CAN'T FAKE STRONG™

Manufactured in the USA by MET-Rx Nutrition, Inc.

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Questions? Call toll free 1-800-55-MET-Rx

To learn more, please go to www.MET-Rx.com