

THORNE
RESEARCH



CATALYTE®
LEMON LIME FLAVORED

DIETARY SUPPLEMENT
NET WT. 9.52 OZ. (270 G.)

Supplement Facts

Serving Size: One Level Scoop (9 g)
Servings Per Container: 30

One Level Scoop (9 g) Contains:			One Level Scoop (9 g) Contains:			One Level Scoop (9 g) Contains:		
		% DV			% DV			% DV
Calories	20		Folate (as L-5-Methyltetrahydrofolate† from L-5-Methyltetrahydrofolic Acid, Glucosamine Salt)	20 mcg	5%	Chloride (as Sodium Chloride)	80 mg	2%
Total Carbohydrate	5 g	2%*	Vitamin B12 (as Methylcobalamin)	6 mcg	100%	Sodium (as Sodium Chloride and Disodium Phosphate)	240 mg	10%
Sugars	3 g	**	Pantothenic Acid (as Calcium Pantothenate)	4 mg	40%	Potassium (as Potassium Citrate)	80 mg	2%
Other Carbohydrate	2 g	**	Calcium (Calcium Lactate)	80 mg	8%	D-Ribose	3 g	**
Vitamin C (as Sodium Ascorbate)	100 mg	167%	Magnesium (as TRAACS® Magnesium Lysinate Glycinate Chelate)††	40 mg	10%	*Percent Daily Values are based on a 2,000 calorie diet. **Daily Value (DV) not established.		
Thiamin (as Thiamin HCl)	1 mg	67%	Zinc (as TRAACS® Zinc Bisglycinate Chelate)††	5 mg	33%			
Riboflavin (as Riboflavin 5'-Phosphate Sodium)	2 mg	118%	Chromium (as TRAACS® Chromium Nicotinate Glycinate Chelate)††	15 mcg	12%			
Vitamin B6 (as Pyridoxal 5'-Phosphate)	2 mg	100%						

Other Ingredients: Tapioca Maltodextrin, Citric Acid, Flavors, Dicalcium Phosphate, Silicon Dioxide, Stevia extract (leaf) (Rebaudioside A 95%).
Suggested Use: Mix 1 level scoop in 9 oz. of water. Consume before, during, and after your workout or as recommended by your health-care practitioner.
Tamper Evident: Use only if bottle is sealed.
If pregnant, consult your health-care practitioner before using this product.
†This product uses Gnosis S.p.A.'s L-5-Methyltetrahydrofolic Acid, Glucosamine Salt (Quatrefolic®). Quatrefolic is a registered trademark of Gnosis S.p.A. ††This product uses Albion's TRAACS® Magnesium Lysinate Glycinate Chelate, Zinc Bisglycinate Chelate, Chromium Nicotinate Glycinate Chelate. TRAACS is a registered trademark of Albion International, Inc.



Manufactured For: Thorne Research, Inc.
P.O. Box 25, Dover, Idaho 83825 USA
1-800-228-1966 www.thorne.com

