

DIRECTIONS: (Adult) Everyone's digestive system is different, so people respond differently to the Colon Clear Formula. Start by taking one (1) tablet in the morning and one (1) in the evening with food and a full glass of water. If you do not achieve two daily bowel movements within two days, take two (2) tablets in the morning and two (2) in the evening. If you still do not achieve two bowel movements per day, then move up to three (3) tablets in the morning and three (3) in the evening. Do not exceed a total of six (6) tablets a day.

Usage Warning: Do not use if safety seal is broken. Check with your doctor before using this product if you are using medication, including diuretics, heart medications and corticosteroids, or have any medical conditions. Do not use if you have an intestinal obstruction, hemorrhoids or other intestinal disorder. Do not use if you are taking any other product concurrently that has laxative effects. Do not use if you may become pregnant, are pregnant or nursing. Do not exceed recommended daily intake. Not intended for use by persons under 18. **KEEP OUT OF REACH OF CHILDREN.** Store in a cool, dry place. Taking this product without adequate water may cause choking. NOTE: This product is not intended to be used without breaks. Cascara Sagrada belongs to a family of plants containing compounds with laxative effects. Can lead to dehydration and electrolyte loss. With long-term use without breaks, these ingredients may interfere with diagnostic imaging procedures of the colon. Taking a break of 30 or more days between use cycles will help maintain natural regularity. Not intended for long-term use. **WARNING:** (State of California Prop 65) This product contains a chemical known to the State of California to cause birth defects or other reproductive harm.

NOTICE: This product contains Cascara Sagrada. Read and follow the directions carefully. Do not use if you have or develop diarrhea, loose stools, or abdominal pain because Cascara Sagrada may worsen these conditions and be harmful to your health. Consult your physician if you have frequent diarrhea or if you are pregnant, nursing, taking medication, or have a medical condition.

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Colon Clear® Formula

21 Herbs & Fibers

90 Tablets
DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Tablet
Servings per Container: 90

	Amount per Serving	% Daily Value
Calcium (as Calcium Carbonate)	96 mg	10%
Proprietary Blend	554 mg	†
Cascara Sagrada powder (bark), Fennel powder (seed), Psyllium powder (seed husk), Ginger powder (root), Acacia Gum, Alfalfa powder (leaf), Apple Fiber powder (fruit), Apple Pectin powder (fruit), Barley Grass powder (leaf), Beet powder (root), Karaya Gum, Lemon Peel powder (fruit), Oat Bran powder, Peppermint powder (leaf), Red Raspberry (<i>Rubus idaeus</i>) powder (leaf), Slippery Elm powder (bark), Guar Gum, <i>Lactobacillus acidophilus</i> (1 million/g**), Garlic extract (0.8% allicin)(bulb), Pau d'Arco powder (bark), Turnip powder (whole plant), Watercress powder (leaf)		

†Daily Value not established

Other Ingredients: Microcrystalline cellulose, silicon dioxide, stearic acid, natural anise flavor, croscarmellose sodium, soy polysaccharides, magnesium stearate, sodium starch glycolate and hydroxypropyl cellulose.

**At time of manufacture.

Contains: Dairy, Soy



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