

Functional deficiencies of the essential nutrient folate (folic acid) are common, and can impair key life processes including gene-level regulation, cell growth patterns and tissue repair, from before birth through old age. **Fully Active Folate** provides MTHF (5-methyltetrahydrofolate), the folate form most directly required for DNA regulation and other fundamental metabolic processes. Vitamin C is included for added stability.

Identical to the body's most highly active folate form*

Helps correct inherited and lifestyle-related folate deficiencies*

Helps support healthy mood, memory, circulation and well-being*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured for **Doctor's Best, Inc.**
San Clemente, CA 92673

(800) 777-2474 www.drbrvitamins.com



Dietary
Supplement

**Doctor's
BEST®**

Science-Based
Nutrition™

Fully
Active

Folate



with
Quatrefolic®

HELPS SUPPORT HEALTHY MOOD, MEMORY,
CIRCULATION AND WELL-BEING*



400 mcg/ 90 Veggie Caps

Supplement Facts

Serving Size 1 capsule Servings per container 90 servings

	Amount per serving	% Daily Value
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Vitamin C (as ascorbic acid)	40 mg	67%
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(6S)-5-MethylTetraHydroFolate (MTHF) 400 mcg	100%
(elemental, as 800 mcg (6S)-5-Methyltetrahydrofolic acid, glucosamine salt (vegetarian source))	

Other Ingredients: Microcrystalline cellulose, modified cellulose (vegetarian capsule).

Suggested Adult Use: Take 1 capsule daily, preferably between meals, or as recommended by a nutritionally-informed physician.

Non-GMO / Gluten Free / Vegan

Store in a cool dry place.

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