

Directions:

Adults and adolescents 14 years and older take 1 tsp. daily. Children 2–13 years take ½ tsp. daily.

After opening, refrigerate and consume within 100 days. Do not use if safety seal is broken or missing.

Healthy you, healthy planet
Made with 100% renewable energy.



Just one
teaspoon a day

Clean, Light Taste

No fishy burp back

Easy to Absorb

Premium quality liquid form

Guaranteed Pure

View results online at purecheck.net



NutraSea⁺DTM

Omega-3

+Vitamin D



1250 mg
EPA/DHA per tsp.
+ 1000 IU Vit. D

Crisp Green Apple Flavored
200 ml (6.8 fl. oz.) Liquid | Fish Oil Supplement

Supplement Facts

Serving Size 1 tsp. (5 ml) / Servings Per Container 40

Amount Per Serving	% Daily Value	
Calories	40	
Calories from fat	40	
Total Fat	4.5 g	7%*
Saturated Fat	1.0 g	5%*
Polyunsaturated Fat	2.0 g	
Monounsaturated Fat	1.0 g	
Cholesterol	30 mg	10%*
Vitamin D3 (cholecalciferol)	1000 IU	250%
Fish oil (anchovies, sardines, mackerel)	4.5 g†	
TOTAL EPA/DHA	1.25 g†	
EPA (eicosapentaenoic acid)	750 mg†	
DHA (docosahexaenoic acid)	500 g†	

* Percent Daily Value is based on a 2000 calorie diet.

† Daily Value not established.

~ Guaranteed analysis

Other Ingredients: Natural flavor, Tocopherols, Green tea extract, Medium chain triglycerides.

^Product of Canada.

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Made with love
by Ascenta Health,
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