

Supplement Facts

Serving Size 1 capsule
Servings per container 30 servings

	Amount per serving	% Daily Value
Probiotic bacterial strains proprietary blend	20 billion CFU	†
<i>Bifidobacterium lactis</i> strain HN019 (HOWARU™ Bifido)		
<i>Bifidobacterium lactis</i> strain BI-04		
<i>Bifidobacterium lactis</i> strain BI-07		
<i>Lactobacillus acidophilus</i> strain La-14		
<i>Lactobacillus salivarius</i> strain LS-33		
<i>Lactobacillus paracasei</i> strain Lpc-37		

† Daily Value not established.

1 CFU = one Colony Forming Unit, roughly equivalent to one live probiotic cell.

Other Ingredients: Cellulose, vegetable capsule (cellulose, purified water), calcium laurate, silicon dioxide.

Suggested Adult Use: Take 1 capsule daily, with food, or as recommended by a nutritionally-informed physician.

Non-GMO and Gluten Free

Store in a cool dry place.
No refrigeration necessary.

Best Probiotic supplies six strains of *Bifidobacterium* and *Lactobacillus* probiotics with proven benefits for digestive and whole-body health.* The probiotic bacteria found in **Best Probiotic** can help replenish losses of beneficial bacteria that commonly result from stress, poor diet, and other aggravating factors.* **Best Probiotic** also helps protect against occasional constipation and digestive upset.*

Overall, these precisely defined probiotic strains at the high clinical potency of 20 billion colony forming units promote the healthy functioning of the gastrointestinal tract.*

Helps replenish healthy intestinal flora*
Enhances digestion and bowel regularity*
Promotes overall intestinal health*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Doctor's
BEST
**Best
Probiotic**

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healthy intestinal flora*
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bowel regularity*
Promotes overall
intestinal health*

Manufactured for
Doctor's Best, Inc.
San Clemente, CA 92673
(800) 777-2474
www.drbitamins.com

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Bifidobacterium and
Lactobacillus probiotics
with proven benefits
for digestive and
whole-body health

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Non-GMO & Gluten Free **Vegan™**

20 Billion CFU / 30 Veggie Caps

The term **probiotics** applies to bacteria that promote health when ingested by mouth as live preparations. Research on probiotics documents a variety of benefits for humans. Best Probiotic supplies six strains of *Bifidobacterium* and *Lactobacillus* probiotics with proven benefits for digestive and whole-body health.* Probiotics can be measured in *Colony Forming Units* (CFU), each unit roughly equivalent to one viable probiotic cell.

The intestinal tract contains a wide variety of bacteria that is an important contributor to the body's healthy immune response. It also naturally shelters hundreds of different bacterial strains, a dynamic community of microorganisms that in turn contribute to healthy digestion and immunity. This mutually beneficial ecosystem of bacteria symbiotic with the human body helps ensure healthy gastrointestinal function.* Probiotics can help ensure efficient digestive extraction of energy and nutrients from food.*