

Collagen is the major structural protein in connective tissue and the most abundant protein in the human body. It is responsible for maintaining the strength and flexibility of bones, joints, skin, tendons, ligaments, hair, nails, blood vessels and eyes, among other tissues throughout the body.

Doctor's Best Collagen Types 1 and 3 contains pure collagen protein Peptan®, providing the fundamental building blocks for growth and maintenance of healthy tissues.* Vitamin C is added to the formula as an essential nutrient required for collagen synthesis by the body.*

Helps support healthy hair, skin, nails and joints*
Helps provide the building blocks for healthy tissues*

Provides improved bioavailability due to the low molecular weight of component amino acids*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



YDRB204-2



**Dietary
Supplement**

**Doctor's
BEST®**

**Science-Based
Nutrition™**

Collagen Types 1 and 3 with Peptan®

**ESSENTIAL STRUCTURAL SUPPORT FOR HAIR,
SKIN, NAILS, TENDONS, AND BONES***

1000 mg / 180 Tablets

Supplement Facts

Serving Size 3 tablets
Servings per container 60 servings

Amount per serving % Daily Value		
Vitamin C (as calcium ascorbate)	30 mg	50%
Calcium	4.2 mg	<1%
Sodium	17.1 mg	<2%
Collagen Types 1 and 3	3,000 mg	†

† Daily Value not established.

Other Ingredients: Microcrystalline cellulose, stearic acid, croscarmellose sodium, magnesium stearate (vegetable source), hypromellose (coating).

Suggested Adult Use: Take 3 tablets twice daily on an empty stomach, at least 30 minutes before meals, or as recommended by a nutritionally-informed physician.

Non-GMO / Gluten Free / Soy Free
Store in a cool dry place.

Peptan® is manufactured by Rousselot.

Manufactured for **Doctor's Best, Inc.**
California, USA

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