

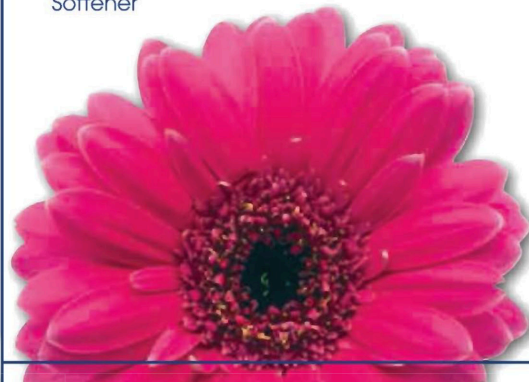
# CitraNatalAssure.

Rx Prenatal Vitamin Tablet and 300 mg DHA Capsule

- Patented dual-iron formulation
- Gentle calcium citrate for less gas and bloating
- Natural, plant-based DHA for your baby's healthy development
- Gluten and lactose free

*Its gentle nature  
is its strength*

Contains  
Stool  
Softener



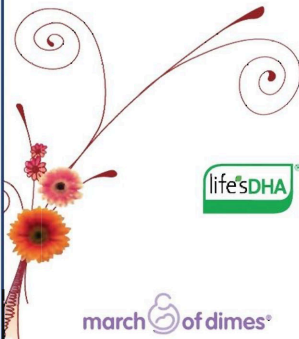
Rx Only  
NDC 0178-0891-30

*Its gentle nature  
is its strength*



# CitraNatalAssure.

Rx Prenatal Vitamin Tablet and 300 mg DHA Capsule



Mission Pharmaceutical is a proud supporter of the March of Dimes.\*



An Rx prenatal  
vitamin and  
omega-3 (DHA)  
derived from an  
all natural  
plant source

CONTAINS  
Six 5-day Blister Packs

# CitraNatalAssure.

Rx Prenatal Vitamin Tablet and 300 mg DHA Capsule

**DESCRIPTION:** CitraNatal Assure® is a prescription prenatal/postnatal multivitamin/mineral tablet with Ferr-Ease®, a patented dual-iron delivery comprising both a quick release and slow release iron, and a capsule of an essential fatty acid. The prenatal vitamin is a white, coated, oval multivitamin/mineral tablet. The tablet is debossed "0891" on one side and blank on the other. The essential fatty acid DHA capsule is caramel colored and contains a light yellow to orange semi-solid mixture.

**Each prenatal tablet contains:**

Vitamin C (Ascorbic acid) .....	120 mg
Calcium (Calcium citrate) .....	124 mg
Iron (Carbonyl iron, ferrous gluconate) .....	35 mg
Vitamin D <sub>3</sub> (Cholecalciferol) .....	400 IU
Vitamin E (dl-alpha tocopheryl acetate) .....	30 IU
Thiamin (Vitamin B <sub>1</sub> ) .....	3 mg
Riboflavin (Vitamin B <sub>2</sub> ) .....	3.4 mg
Niacinamide (Vitamin B <sub>3</sub> ) .....	20 mg
Vitamin B <sub>6</sub> (Pyridoxine HCl) .....	25 mg
Folic Acid .....	1 mg
Iodine (Potassium iodide) .....	150 mcg
Zinc (Zinc oxide) .....	25 mg
Copper (Cupric oxide) .....	2 mg
Docosate Sodium .....	50 mg

**Each DHA gelatin capsule contains:**

Docosahexaenoic Acid (DHA, 40% from 750 mg Algal Oil) .....	300 mg
Eicosapentaenoic Acid (EPA) .....	Not more than 0.750 mg
Other ingredients in DHA gelatin capsule: Gelatin, sunflower oil, glycerin, caramel color, sunflower lecithin, rosemary extract, tocopherols, ascorbyl palmitate.	

**INDICATIONS:** CitraNatal Assure® is a multivitamin/mineral prescription drug indicated for use in improving the nutritional status of women prior to conception, throughout pregnancy, and in the postnatal period for both lactating and nonlactating mothers.

**CONTRAINDICATIONS:** This product is contraindicated in patients with a known hypersensitivity to any of the ingredients.

**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. KEEP THIS PRODUCT OUT OF THE REACH OF CHILDREN. In case of accidental overdose, call a doctor or poison control center immediately.

**WARNING:** Ingestion of more than 3 grams of omega-3 fatty acids per day has been shown to have potential antithrombotic effects, including an increased bleeding time and INR. Administration of omega-3 fatty acids should be avoided in patients on anticoagulants and in those known to have an inherited or acquired bleeding diathesis.

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**WARNING:** Folic acid alone is improper therapy in the treatment of pernicious anemia and other megaloblastic anemias where vitamin B<sub>12</sub> is deficient.

**PRECAUTIONS:** Folic acid in doses above 0.1 mg daily may obscure pernicious anemia in that hematologic remission can occur while neurological manifestations progress.

**ADVERSE REACTIONS:** Allergic sensitization has been reported following both oral and parenteral administration of folic acid.

**DOSAGE AND ADMINISTRATION:** One tablet and one capsule daily or as directed by a physician.

**STORAGE:** Store at 20-25°C (68-77°F)

**NOTICE:** Contact with moisture can discolor or erode the tablet.

**HOW SUPPLIED:** Six child-resistant blister packs of 5 tablets and 5 capsules each - NDC 0178-0891-30

To report a serious adverse event or obtain product information, call (210) 696-8400.

Please consult your health care provider with any dietary concerns.

51062  
C01 Rev 010130



DHA capsules manufactured by:  
MISSION PHARMACAL COMPANY  
San Antonio, TX USA 78230 1355  
Prenatal tablets manufactured by:  
MISSION PHARMACAL COMPANY  
San Antonio, TX USA 78230 1355

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U.S. Patent No. 6,621,247



life'sDHA is a trademark of DSM  
U.S. Patent No. 7,579,174  
U.S. Patent No. 7,733,170  
U.S. Patent No. 5,518,918

\* March of Dimes does not endorse specific products or brands. March of Dimes is a registered trademark of the March of Dimes Foundation.

Child-Resistant Blister Packaging



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