

DIRECTIONS: As a dietary supplement, mix one scoop (21.7 g) with 12 to 16 fl. oz. of water. Consume one serving 30 to 60 minutes before exercise. Only one ultra-concentrated scoop is needed.

Supplement Facts

Serving Size One Scoop (21.7 g)
Servings Per Container 20

Amount Per Serving	% Daily Value
Calories	20
Calories from Fat	10
Total Fat	1 g 2%†
Saturated Fat	1 g 5%†
Total Carbohydrate	2 g 1%†
Niacin (as Nicotinic Acid)	20 mg 100%
Calcium	24 mg 2%
Sodium	20 mg 1%
Potassium	20 mg 1%

Mind Muscle Matrix

Caffeine	200 mg *
Choline (as Choline Bitartrate)	100 mg *
L-Tyrosine	100 mg *
Capsimax™ Red Pepper Extract (<i>Capsicum annuum</i>)(fruit)	100 mg *
Zembrin® Sceletium tortuosum Extract (aerial parts)	25 mg *
Piperine Beadlets (<i>Piper nigrum</i>)(fruit)(Standardized for Black Pepper)	5 mg *

Advanced Power Maximizer

Betaine (as BETAPOWERR® Betaine Anhydrous)	2.5 g *
Micronized L-Leucine	2 g *
Rhodiola Rosea Extract (<i>Rhodiola rosea</i> L.)(root)	100 mg *

Hardcore Pump Intensifier

Arginine (as L-Arginine AKG)	1 g *
Glycerol (as Glycerol Stearate)	500 mg *
Agmatine (as Agmatine Sulfate)	250 mg *
Micronized L-Citrulline	200 mg *
resVida® trans-Resveratrol	30 mg *
Yohimbe Bark Powder (<i>Pausinystalia yohimbe</i>)(bark)	25 mg *

Muscle Cell Module

Creatine (as Micronized Creatine Monohydrate, Creatine HCl)	3 g *
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* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Amount Per Serving	% Daily Value
L-Methionine	100 mg *
Muscle & Joint Optimizer	
Fast-Acting Proprietary Blend (Chinese Skullcap Root Extract [<i>Scutellaria baicalensis</i>], Cutch Tree Bark Extract [<i>Acacia catechu</i>])	62.5 mg *
Beta-Alanine (as CarnoSyn®)	3.2 g *

† Percent Daily Values are based on a 2,000 calorie diet.

* Daily Value not established.

OTHER INGREDIENTS: Natural and Artificial Flavors, Citric Acid, Malic Acid, Tartaric Acid, Calcium Silicate, Silicon Dioxide, Sucralose, Acesulfame Potassium, FD&C Red #40, FD&C Blue #2.

Each serving supplies 200 mg of caffeine.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, under 18 years of age, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery. This product contains a chemical known to the State of California to cause birth defects or other reproductive harm. **NOTICE:** Significant product settling may occur.

Zembrin® is a trademark of HG&H Pharmaceuticals (Pty) Limited. U.S. Patent #6,288,104.

Capsimax™ trademark belongs to OmniActive Health Technologies.

resVida® is a registered trademark of DSM.

BETAPOWERR® is a registered trademark of DuPont or its affiliates.

CarnoSyn® trademark and patents owned by Natural Alternatives International, Inc.

*When used in conjunction with regular resistance training.

**KEEP OUT OF
REACH OF CHILDREN.
Store in a cool, dry place.**

For More Information:
1-888-462-2548

SHOP NOW @ GNC.COM

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Pittsburgh, PA 15222



**GNC
BEYOND
RAW®**

**NEW AND
IMPROVED!**

RAVAGE™

**ADVANCED HYBRID MUSCLE-BUILDING*
PRE-WORKOUT AMPLIFIER**

+ DELIVERS INCREDIBLE MUSCLE PUMPS WITH BREAKTHROUGH N.O. INTENSIFIERS FEATURING ARGININE & CITRULLINE PLUS GLYCEROL & AGMATINE*

+ ENHANCES MUSCLE-BUILDING* WITH 3G CREATINE & 2.5G BETAINE FOR INCREASED STRENGTH & POWER*

+ POWERFUL MIND MUSCLE MATRIX PROVIDES EXTREME ENERGY, CALORIE BURNING & MENTAL INTENSITY*

+ TRAIN BEYOND YOUR LIMITS WITH THIS ADVANCED FATIGUE-BUFFERING FORMULA FEATURING 3.2G BETA-ALANINE & RHODIOLA*

+ 1 FULLY LOADED, POWERFUL SCOOP TARGETS 8 PRIMAL PHYSIOGENIC FACTORS CRUCIAL FOR HARDCORE MUSCLE RESULTS*

**PHYSIOBOLIC
EDGE** **NITRO-FACTOR | 8G™**

GRAPE
NATURAL & ARTIFICIAL FLAVOR

**DIETARY SUPPLEMENT
NET WT 15.3 oz (434 g)**

GNC BEYOND RAW® RAVAGE™ — this mind-muscle performance enhancer is better than ever with a high-intensity, pre-workout explosion of energy, power and strength. This next-generation formula also leverages a new supplementation system in sports nutrition, the Physiobolic Edge that targets the following 8 Primal Physiogenic Factors crucial for extreme muscle pumps, strength, power and mental focus.*

- Anabolic Primers
- Increased Calorie Burning
- Mental Intensity & Neuro Priming
- Muscle Cell Energy
- N.O. Pumps
- Muscle Cell Protection & Recovery*
- Carbohydrate Metabolism
- Water Regulation

This next-level, muscle-building pre-workout features powerful **Anabolic Primers** — leucine for muscle protein synthesis and betaine for punishing strength and power. Along with 3g of creatine and its powerful precursor, methionine, to further fuel extreme muscularity plus generate and circulate ATP, a necessary component for **Muscle Cell Energy**.* resVida®, arginine and citrulline fuel insane **N.O. Pumps** plus potent antioxidants for the ultimate **Muscle Cell Protection & Recovery**, ROS cell defense.*

The **MIND MUSCLE MATRIX** increases **Calorie Burning**, muscle performance, fierce **Mental Intensity & Neuro Priming**.* Tyrosine, choline and Zembrin® target key brain signals as you mentally prepare for hardcore training. Dominate your results with this hybrid pre-workout that features a complex mineral load to fuel energy, **Carbohydrate Metabolism** and support **Water Regulation**.* Prepare yourself. Experience the difference. Go beyond basic — get **BEYOND RAW®!**

**PHYSIOBOLIC
EDGE** The Physiobolic Edge is the advanced, performance-based technology powering the science behind GNC BEYOND RAW® with more than best-in-class, cutting-edge ingredients. This new, research-based system advances molecular functions not yet targeted by other products by synchronizing with vital physiological mechanisms and genetic pathways before, during and after extreme workouts that unleash your maximum muscle-mind-body potential. This powerful addition gives hardcore sports nutrition a new meaning: physiogenic performance fuel as you push for a physique like never before, muscle-maximizing size, explosive strength and power.* The Physiobolic Edge targets the exact **10 Primal Physiogenic Factors** that open the door to extreme results.