

SUGGESTED USE: As a dietary supplement for adults, take two (2) tablets daily, preferably with a meal or as directed by a healthcare practitioner.

Not intended for use by pregnant or nursing women. If you are taking any medications, planning any medical or surgical procedure or have any medical condition, please consult your healthcare practitioner before taking any dietary supplement. Discontinue use and consult your healthcare practitioner if any adverse reactions occur. Not intended for use by persons under the age of 18. Store at room temperature. Do not use if outer seal is missing or damaged.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. **KEEP THIS PRODUCT OUT OF REACH OF CHILDREN.** In case of accidental overdose, call a doctor or Poison Control Center immediately.

Ester-C® is a registered trademark of The Ester C Company. Manufactured under U.S. Pat. No.'s 6,197,813 and 6,878, 744 and corresponding foreign patents.

† US patent No.'s 6,706,904 and 6,716,814 licensed by Albion International, Inc.

†† Naturally occurring.

††† Not Genetically Modified, Soy from Nature®

For more information, call toll-free
1-877-SOLGAR 4, www.solgar.com

©2016 Solgar, Inc.

SOLGB51293 05B

Since  1947

OMNIUM®

PHYTONUTRIENT COMPLEX
MULTIPLE VITAMIN
AND MINERAL FORMULA

DIETARY SUPPLEMENT

90 TABLETS
SUITABLE FOR VEGANS
GLUTEN, WHEAT & DAIRY FREE



CAREFULLY MANUFACTURED BY: SOLGAR, INC.
500 WILLOW TREE ROAD, LEONIA, N.J. 07605 U.S.A.

Supplement Facts

Serving Size: 2 Tablets

Servings Per Container: 45

Amount Per Serving	%DV	Amount Per Serving	%DV	Amount Per Serving	%DV
Vitamin A.....15,000 IU.....300%		Magnesium.....37 mg.....9%		Broccoli Cruciferous Extract.....50 mg.....*	
(as natural beta-carotene)		(as magnesium ascorbate,		Phosphatidylserine Complex.....50 mg.....*	
Vitamin C.....300 mg.....500%		glycinate amino acid chelate†, oxide)		(phosphatidylserine 10 mg [20%])	
(from Ester-C® as calcium,		Zinc.....15 mg.....100%		N-Acetyl-L-Cysteine.....50 mg.....*	
magnesium, zinc ascorbates)		(as glycinate amino acid chelate†,		Citrus Bioflavonoid Complex.....50 mg.....*	
Vitamin D (as ergocalciferol).....200 IU.....50%		zinc ascorbate)		Polyphenols (from green tea [leaf].....20 mg.....*	
Vitamin E.....300 IU.....1000%		Selenium (as L-selenomethionine)....70 mcg.....100%		grape seed and pine bark extracts)	
(as d-alpha tocopheryl succinate)		Copper.....1.5 mg.....75%		Alpha-Lipoic Acid.....10 mg.....*	
Vitamin K (as phytonadione).....20 mcg.....25%		(as glycinate amino acid chelate†)		Coenzyme Q-10.....10 mg.....*	
Thiamin (as thiamin mononitrate)....30 mg.....2000%		Manganese.....2 mg.....100%		Quercetin.....10 mg.....*	
Riboflavin.....35 mg.....2059%		(as glycinate amino acid chelate†)		D-Limonene (from citrus).....5 mg.....*	
Niacin (as niacinamide, niacin)....60 mg.....300%		Chromium (as chromium picolinate)....100 mcg.....83%		Co-Carboxylase.....1 mg.....*	
Vitamin B6 (as pyridoxine HCl)....50 mg.....2500%		Molybdenum.....50 mcg.....67%		Pyridoxal-5'-Phosphate.....1 mg.....*	
Folic Acid.....400 mcg.....100%		(as glycinate amino acid chelate†)		Riboflavin-5'-Phosphate.....1 mg.....*	
Vitamin B12 (as cyanocobalamin)....100 mcg.....1667%		Sodium††.....10 mg.....<1%		Carotenoid Mix.....172 mcg.....*	
Biotin (as D-biotin).....100 mcg.....33%		Potassium.....10 mg.....<1%		(alpha and beta-carotene, lutein,	
Pantothenic Acid.....80 mg.....800%		(as potassium glycine complex†)		zeaxanthin, cryptoxanthin)	
(as D-Ca pantothenate)				Nickel (as nickel sulfate).....5 mcg.....*	
Calcium.....37 mg.....4%		Choline (as choline bitartrate).....75 mg.....*		Vanadium (as vanadyl sulfate).....5 mcg.....*	
(as calcium ascorbate,		Inositol.....75 mg.....*		Boron.....0.5 mg.....*	
glycinate amino acid chelate†)		Soy Germ Extract†††.....50 mg.....*		(as boron amino acid complex†)	
Iron (as iron bisglycinate chelate†)....9 mg.....50%		Standardized Turmeric Extract.....50 mg.....*			
Iodine (as potassium iodide).....150 mcg.....100%		(curcuminoids 46.5 mg [93%])			

Other Ingredients: Microcrystalline Cellulose, Vegetable Cellulose, Silica, Vegetable Magnesium Stearate, Vegetable Stearic Acid, Grapeskin (color), Vegetable Glycerin, Titanium Dioxide Color, Mannitol, Maltodextrin.

Contains soy.

FREE OF: Gluten, Wheat, Dairy, Sugar, Artificial Flavor and Preservatives.

