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1-888-462-2548

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Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222



GNC

Selenium

100 MCG

Helps fight cell-damaging
free radicals*

DIETARY SUPPLEMENT
100 VEGETARIAN TABLETS

CODE 004511

FQG

Directions: As a dietary supplement, take one or two tablets daily. For maximum benefits, take as directed every day.

Supplement Facts

Serving Size One Tablet

Amount Per Serving	% Daily Value	
Selenium (as Selenium Yeast)	100 mcg	143%

Other Ingredients: Cellulose, Dicalcium Phosphate.

All mineral amounts shown are elemental.

No Sugar, No Artificial Colors, No Artificial Flavors,
No Preservatives, Sodium Free, No Wheat, No Corn,
No Soy, No Dairy.

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

ACTUAL
SIZE

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* This statement has not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

Lot No./Best By: